



Promoting Wellness & Fighting Obesity One Community at a Time.™

FUNCTIONAL FITNESS



Sourcewell 

Awarded Contract

Contract # 010721-GRN



LIMITLESS POSSIBILITIES

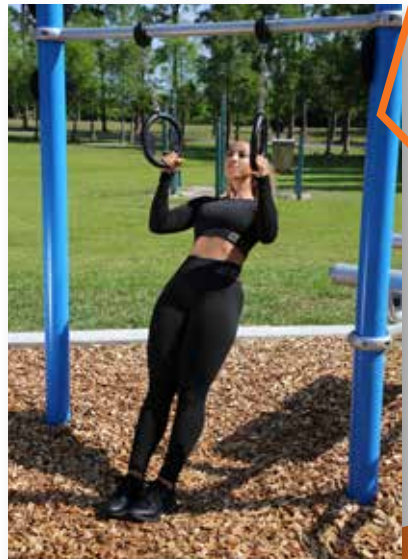
Get ready for the most dynamic and rigorous fitness experience yet! Both practical and highly challenging, functional fitness exercises enhance participants' capabilities for performing everyday physical tasks while building strength and stamina. Greenfields Outdoor Fitness brings an unequalled variety of functional fitness exercises to the outdoor gym environment, offering virtually unlimited possibilities! From our Build-Your-Own Rigs to customizable fitness packages, we have something for every community and every space.



This installation sits right next to the beach alongside a busy boardwalk. An area that formerly held an outdated climbing structure has been transformed into a fitness zone that serves the whole community.



Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are "one size fits most."



Charnow Park
Hollywood, FL

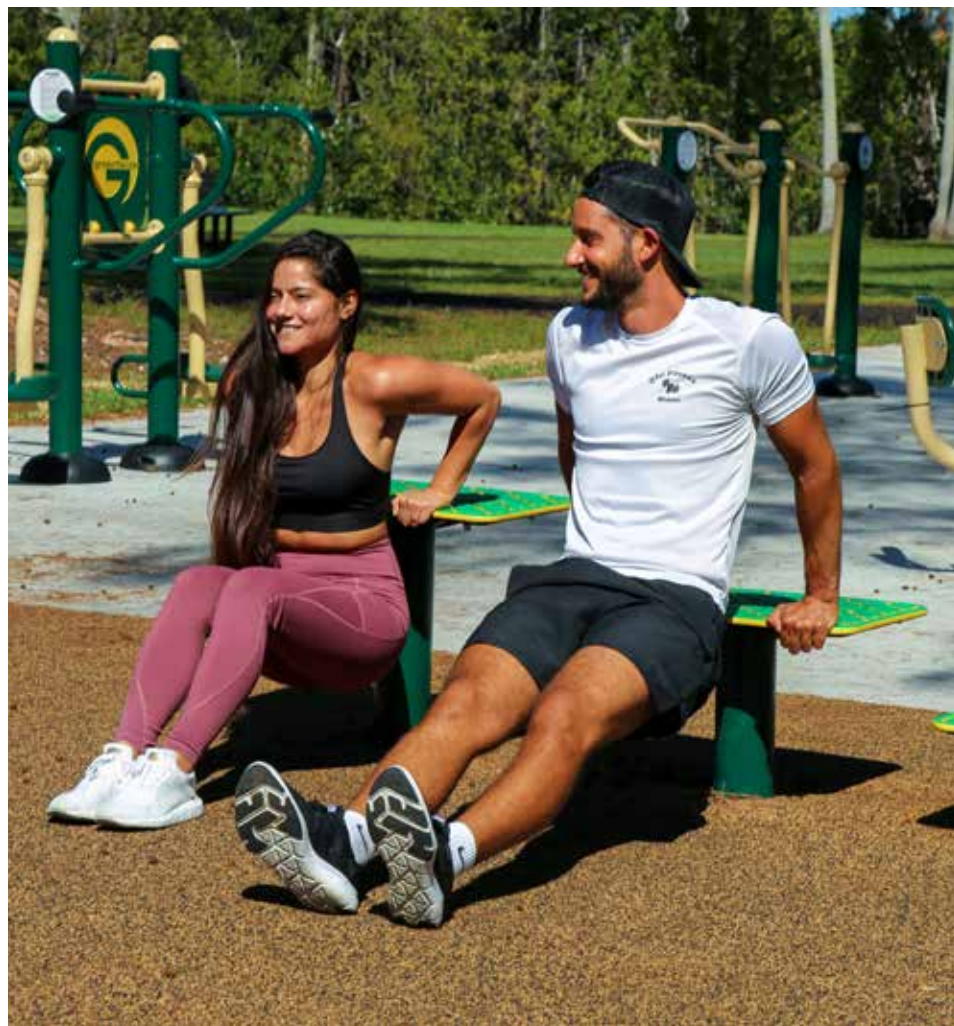


Due to the height of some of the components in the Functional Fitness line, Greenfields recommends the use of fall attenuating surfacing.



FEATURED PROJECT - BARNETT PARK HOLLYWOOD, FL

This 27-person rig was specially designed to maximize the available space. Featuring 22 challenging components and a bright blue custom color, the Barnett Park gym brings a unique workout space to the community.



Something for Everyone

This fitness zone at Kennedy Park was updated to include both Legacy Series and Functional Fitness units. This selection of units accommodate any fitness level as well as both able-bodied users and those in wheelchairs.



Signature Accessible Units

Legacy Series Units

Functional Fitness Rig

FEATURED PROJECT KENNEDY PARK

MIAMI, FL



Plantation Heritage Park, FL



OPTIONS

Outdoor gyms come in every shape and size imaginable, providing exercises for all members of the community. The two gyms at Preston Miller and De Anza parks combine Greenfields' Functional Fitness Rigs with units from our other product lines for a workout experience that provides activities for virtually everyone. Visit greenfieldsfitness.com for more on the wide variety of options we offer to ensure you get the right solution for your unique community.

De Anza Park, CA

Functional Fitness Rig added after the original installation (seen in the background)



FUNCTIONAL FITNESS RIG

Greenfields' Functional Fitness Rig packs a huge punch with an incredible array of exercises in a modest space. Accommodating 13 simultaneous users, the Functional Fitness Rig includes 16 features that can be used for countless activities.

SHP2009-5-15

Space required: 29'1" x 26'5"



Complement the Functional Fitness Rig with these units:



Parallel Bars



Balancing Plate



Plyometric Steps

Available Exercises:

- | | |
|---------------------|-------------------------|
| 1. Split Squats | 9. Leg Raises |
| 2. Incline Ladder | 10. Dips |
| 3. Incline Sit-Ups | 11. Swedish Ladder |
| 4. S-Shape Ladder | 12. Cannonball Pull-Ups |
| 5. Lat Pull-Ups | 13. Ring Rows |
| 6. Ball Target* | 14. Battle Ropes* |
| 7. Stretching Post | 15. High Rings |
| 8. S-Shape Pull-Ups | 16. Rope Climb |

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.

CONCEPT 1

With units from our:

Functional Fitness Line

Legacy Series

Signature Accessible™ Line

Professional Series



Wheelchair-friendly
exercise area

Turn virtually any outdoor space into a fun, fitness-focused gathering place with Greenfields' many unique exercise solutions:

- The recently-enhanced Functional Fitness line for elite athletes
- Greenfields' Professional Series with the most advanced adjustable-resistance feature on the market
- The Signature Accessible™ line for those with mobility impairments
- Body-weight resistance units for a wide range of users



CONCEPT 2

Includes new wheelchair accessible adjustable-resistance units from Greenfields' Signature Accessible™ line (U.S. Patent 9,079,069).

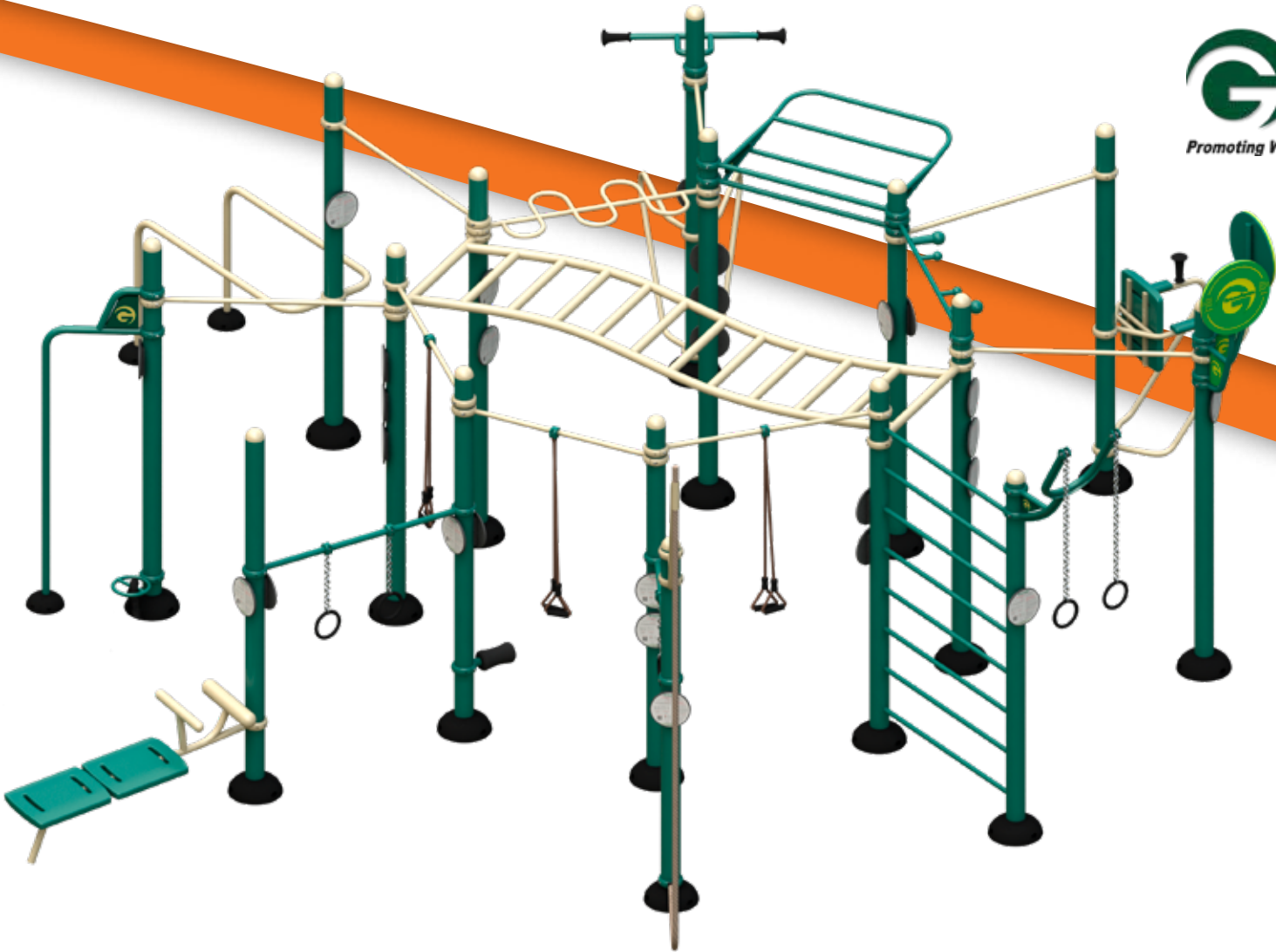


Wheelchair-friendly
exercise area

25-PERSON MEGA FUNCTIONAL FITNESS RIG

SHP2009-5-18

Greenfields' flagship Rig will transform any space into an exciting fitness destination! The 25-Person Mega Functional Fitness Rig's many challenging features create a highly social workout environment for the community.



Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.



Cannonball Pull-Ups



High Rings



S-Shape Ladder



Incline Ladder



Ball Target*



Flag Pole



S-Shape Pull-Ups



Parallel Bar



Incline Sit-Ups



Suspension Trainers



Captain's Chair



Swedish Ladder



Rope Climb



Pull-Up Bar



Dip Station



Split Squat



Lat Pull-Up Bar



Battle Ropes*



Ring Rows

Space required:
37'9"x41'

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Hexagon Extreme FUNCTIONAL FITNESS RIG

SHP2009-5-21



SEE THE VIDEO



Space required:
29'10" x 28'6"

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.



Ring Rows



Split Squat



S-Shape
Pull-Ups



Ball Target*



Incline Sit-Ups



Captain's Chair



Rotating
Pull-Up Wheel



Swedish Ladder



Flag Pole



Lat Pull-Ups



Cannonball
Pull-Ups



Battle Ropes*



Parallel Bar



Incline Ladder

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

FUNCTIONAL FITNESS

SAMPLE PACKAGES

UNITS

SHP2009-5-15
SHP2009-7-24
UBX-360
SGR2005-1-105

Functional Fitness Rig
Plyometric Steps (Set of 3)
Balancing Plate
Customized Announcement Sign

PACKAGE 1

3 UNITS 18 USERS

Required Dimensions 32' x 27'



PACKAGE 2

6 UNITS 41 USERS

Required Dimensions 59' diameter

Available options:

- Announcement sign customization - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities

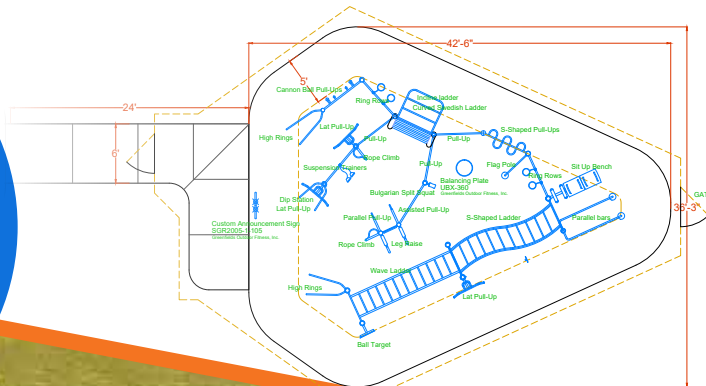
UNITS

SGR2005-1-43N Parallel Bars
SHP2009-5-14 13-Person Cross Fitness Rig
SHP2009-5-15 Functional Fitness Rig
SHP2009-5-16 X-Rig
SHP2009-7-24 Plyometric Steps (Set of 3)
UBX-360 Balancing Plate
SGR2005-1-105 Customized Announcement Sign

CUSTOMIZED RIGS



CUSTOM COLOR



CUSTOM LAYOUT

FEATURES IN THIS RIG:

*Rig can serve 27 people at a time

- | | | |
|------------------------|---------------------------|--------------------------|
| 1. Swedish Ladder | 7. S-Shape Ladder | 14. Parallel Pull-Ups |
| 2. Ring Rows | 8. Parallel Bars | 15. Ball Target |
| 3. Pull-Ups | 9. Dip Bar | 16. High Rings (x2) |
| 4. Lat Pull-UpsN (x2) | 10. Incline Ladder | 17. Suspension Trainers |
| 5. Cannonball Pull-Ups | 11. Wave Ladder | 18. Rope Climb |
| 6. S-Shape Pull-Ups | 12. Bulgarian Split Squat | 19. Flag Pole |
| | 13. Sit-Up Bench | 20. Assisted Pull-Up Bar |
| | | 21. Leg Raises |
| | | 22. Balancing Plate |

BARNETT PARK - ORANGE COUNTY, FL

Due to the height of some of the components in most Functional Fitness rigs, Greenfields recommends using fall attenuating surface material.

FUNCTIONAL FITNESS RIG COMPONENTS



Captain's Chair



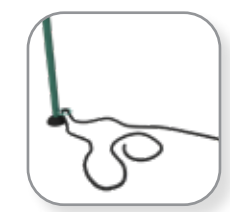
Suspension Trainer
Anchor Point



Ball Target*



Split Squat



Lat Pull-Ups



Rotating Pull-Up
Wheel



Cannonball
Pull-Ups



Flag Pole



Incline Sit-Ups



Incline Ladder



High Rings



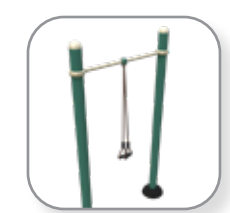
Assisted Pull-Ups



S-Shape
Pull-Ups



Ring Rows



Suspension Trainers



Assisted
Push-Ups



Curved Swedish
Ladder



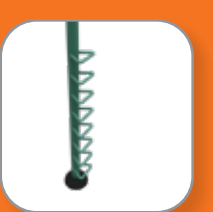
Horizontal Ladder



Rope Climb



S-Shape Ladder



Stretching Post



Wave Ladder



Swedish Ladder



Assisted Push-Ups



Dips

Infuse **high-octane fitness** into your parks like never before. Greenfields' **Functional Fitness** line allows for the creation of completely customizable fitness rigs. With over **25 components** boasting a virtually endless array of activities, Greenfields truly offers **the most complete functional workout** for your community.



*This exercise utilizes an optional add-on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Jose Marti Park, FL



Lat Pull-Ups



S-Shape Pull-Ups



Ring Rows



Ball Target*



Pull-Ups



Cannonball Pull-Ups



Leg/Knee Raises



Incline Sit-Ups



Leg Raises



Dips



Split Squats



Battle Ropes*

SEE THE VIDEO



KETTLEBELLS STATION



Compact Functional Fitness Rig

Serves up to
10 people at once!

SHP2009-5-17

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

SHP2009-7-42

The X-Rig is
here to provide
the ultimate in
versatility.



Cross Fitness RIG

SHP2009-5-14



Dips



Horizontal
Ladder



Ball Target*



Lat Pull-Ups

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.



Incline Sit-Ups



Pull-Ups



Assisted
Pull-Ups



Assisted
Push-Ups



Full Bar
Exercise

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.

SEE THE VIDEO



Space required:
17'7" x 23'11"

SHP2009-5-16

Due to the height of the components in this unit, Greenfields recommends using fall attenuating surface material.

KICKBOXING STATION



UBX-303