

# ULTIMATE OUTDOOR FITNESS SOURCEBOOK





## Why Greenfields Outdoor Fitness?

It's never been more important to get everyone in the community exercising!

Since 2007, Greenfields Outdoor Fitness has led the way in creating fun, interactive exercise areas available to the public 24/7.

**FITNESS FOR YOUR COMMUNITY** There's no one-size-fits-all approach to fitness! With so many product lines and over 150 units, we customize our gyms to the unique needs of every project, making sure that the equipment is used and enjoyed for years to come. We specialize in making sure that everyone – from teens to adults to seniors, and even people in wheelchairs – can exercise on equipment that's suited to their needs.

### BREAKING DOWN BARRIERS

What keeps people from working out? For those who are already fit, even a park bench can become a gym. But for others, there are many obstacles to exercise: the indoor environment, cost, intimidation factor, not knowing where to start, exercising alone, fear of injury, and lack of time, motivation, or even lack of childcare. Greenfields helps your community members overcome those barriers by providing gym equipment in an unintimidating outdoor setting. Our units are intuitive to use, designed for anyone to walk up and begin exercising. We even offer convenient scannable QR codes on our units that provide video demos. Finally, outdoor gyms in park settings allow family members of varying ability levels to work out in the same area, often while keeping an eye on the kids in an adjacent area of the park. By helping people overcome the obstacles in their journey to becoming healthier, Greenfields is improving the quality of life for people across the world.

### PEACE OF MIND

Our industry-leading warranty means you should expect no out-of-pocket maintenance costs for at least the first five years. Greenfields' equipment is installed across the U.S. from Alaska to Florida, and even overseas. In case of any issues, our expert support team is just a phone call away.



**CUSTOMIZE IT!** Need to modify one of our packages to your project's needs? Our design team is ready to help. Looking for custom colors? Just let us know what you need.

## CONTACT US!

-  888-315-9037
-  info@greenfieldsfitness.com
-  www.greenfieldsfitness.com
-  Greenfields Outdoor Fitness
-  @greenfieldsfitness
-  @greenfieldsfit
-  @greenfieldsfit

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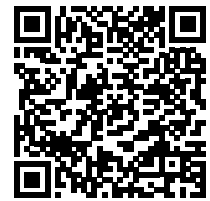
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# ULTIMATE OUTDOOR FITNESS EXPERIENCE

SEE THIS PACKAGE ON PAGE 55



SCAN FOR A  
VIDEO OF THIS  
PROJECT!

## SIMMS PARK BELLFLOWER, CA

Only Greenfields brings such a diverse and functional line of equipment to serve virtually every user! The Ultimate Outdoor Fitness Experience, installed at Simms Park in Bellflower, CA, includes units from Greenfields' Professional Series, Legacy Series, Signature Accessible™ line, and even the Cross Fitness Rig! Beyond providing an appealing place for park users to exercise, the Simms Park Fitness Center & Trail has helped clean up an area formerly known for breeding negative activity.



# UNIQUE



# ADJUSTABLE

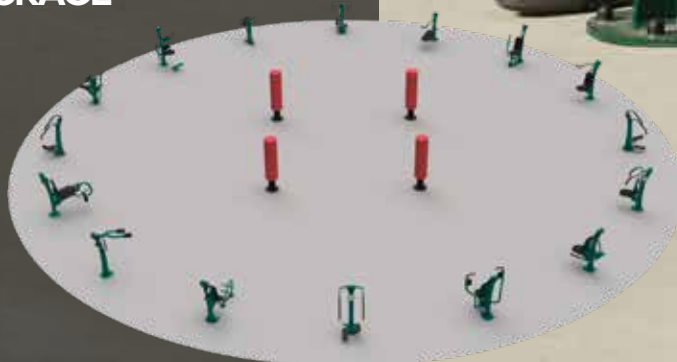
## SIMMS PARK BELLFLOWER, CA

Now better than ever! Greenfields' cutting-edge Professional Series line, recently upgraded with a wider-range piston, delivers a challenge even to advanced users! The 18 adjustable units – many of which are installed at Simms Park – provide intense strengthening and cardio workouts.



SCAN FOR A  
VIDEO OF THIS  
PROJECT!

**PROFESSIONAL  
SERIES PACKAGE**  
SEE THIS PACKAGE  
ON PAGE 68





# FUNCTIONAL

SEE MORE ON PAGE 103



## FUNCTIONAL FITNESS AREA SANTA ANA, CA

Experience the ultimate challenge! Greenfields' Functional Fitness Rig puts even the most advanced users to the test with features such as high rings, a climbing rope, cannonball pull-up bar, and much more. The complete functional fitness experience is now available without a gym membership! For more details on this unit, see page 110.



# PRO SERIES + PLAYGROUNDS

Give parents an excellent way to fit in a workout while they keep an eye on the kids. Greenfields' Professional Series features bi-directional pistons and Safe-Stop technology, eliminating the risk of recoil should young park visitors try out the equipment. The Professional Series incorporates an adjustable resistance mechanism, allowing users to customize the difficulty level to their own needs. With 20 units - including three for those in wheelchairs - the Professional Series provides parents and other caregivers a complete workout.

Equipped with  
**SafeStop**

**zero  
recoil**  
for enhanced safety



SEE MORE ON PAGE 90

**PRO  
SERIES**  
by **Greenfields**  
Outdoor Fitness.

Please note that Greenfields units are intended for ages 14 and up.



# CHALLENGING

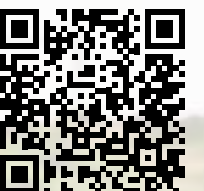
## X-TREME NINJA COURSE

SEE THIS PACKAGE ON PAGE 56

### NEW! X-Treme Ninja Line

Greenfields is bringing a new challenge to 2021 with the new X-Treme Ninja Course. A dozen features offers a test of strength, agility, and endurance. Users can swing, climb, jump and run through the course to put themselves and others to the test.

SCAN FOR A VIDEO OF  
THIS PROJECT!







# SCHOOL PACKAGE 3

SEE THIS PACKAGE ON PAGE 83

SCAN FOR A VIDEO OF  
THIS PROJECT!



## MISSISSIPPI STATE UNIVERSITY STARKVILLE, MS

Mississippi State University installed Greenfields' fitness equipment on a trail encircling a lake near the edge of campus. Student athletes can use the pull-up, dip, and sit-up stations on the Cross Fitness Rig, while those looking for a milder workout have the Rowing Machine, Lat Pull-Down, and Vertical Press available to them.

A view of the lake makes it the prettiest spot on campus to exercise!

# SOCIAL



**FERGUSON COMMUNITY CENTER  
FERGUSON, MO**

Bring communities together with Greenfields! The unique design of the exercise units – many of which accommodate two to four people – foster socialization and enhance social capital.



# COMMUNITY BUILDING

SEE MORE ON PAGE 138





# SPORTS PARK PACKAGE

SEE THIS PACKAGE ON PAGE 66



## SPORTS CENTER at GRIJALVA PARK ORANGE, CA

Adjacent to the Grijalva Park sports fields and basketball courts, a 19-piece outdoor gym beckons both to athletes and spectators alike. The tremendously popular park amenity includes units for nearly every member of the community, including users in wheelchairs. The gym provides a full-body workout, with cardio elements, strength-building units, and stretching apparatuses. Shade structures and lighting provide a comfortable experience to park visitors during both noonday exercising and after-dark workouts.

# DAY TO NIGHT





### **CARTHAGE MEMORIAL HOSPITAL CARTHAGE, IL**

A shelter covering the fitness equipment allows for exercise during rainy days. The outdoor fitness area earned the hospital the Innovation of the Year award from the Illinois Critical Access Hospital Network. The hospital has aggressively pushed usership of the fitness equipment, holding classes at the outdoor gym and creating contests that encourage people to frequent the area.

### **HOFFMAN PARK BUTTERFIELD PARK DISTRICT, LOMBARD, IL**

Built to last: Greenfields' equipment is designed to withstand sun, rain, and snow. From Alaska to Florida, Greenfields' exercise units have stood the test of time in both harsh climates and rugged, inner-city environments.

# DURABLE

SEE OUR WARRANTY ON PAGE 152





## FUNCTIONAL FITNESS PACKAGE 1



### KREAGER PARK FT. WAYNE, IN

Adjacent to one of the park's many athletic fields, the Kreager Park gym offers 19 units for every ability level. Chantell Davis, who leads biweekly fitness classes at the gym, considers the equipment a great complement to the park's other amenities: "This equipment will give a true total-body type of workout. From cardio in the field area, to lifting and pulling forearm work, as well as stretching and core work ... it's all right here."



# FULL BODY WORKOUT



SEE THIS PACKAGE ON PAGE 76

## SENIOR PACKAGES

### **NORMAN P. MURRAY SENIOR CENTER MISSION VIEJO, CA**

Create a space where those of nearly every age can work out together. Seniors love Greenfields not just because of its low-impact activities, but also because it provides excellent opportunities to enjoy quality time with younger family members.

# MULTIGENERATIONAL





## SMALL PACKAGES

SEE MORE ON PAGE 75

### EL CONQUISTADOR APARTMENTS TUSCON, AZ

El Conquistador Apartments needed a layout for fitness equipment to fill a shaded outdoor area. With a combination of functional fitness and legacy series the compact space accommodates more than 25 people and offers a full body workout at every fitness level.



COMPACT





# INVITING

## OLYMPIC PARK MIAMI, FL

Both a fitness area and a butterfly garden, the Olympic Park gym was designed to attract park visitors of both the human and insect variety! Not just functional, this gym is beautiful too. Want to design an area reflecting the community's passions? The options are limitless - and Greenfields is ready to help any vision become a reality.

**Learn more about  
our Design Services  
on page 48**



# ACCESSIBLE



SEE MORE ON PAGE 130

## HINOJOSA PARK BRAWLEY, CA

Everyone can work out together at this unique park in Brawley. Of the eleven exercise stations, six are intended for wheelchair users. Learn more about Greenfields' inclusive Signature Accessible™ fitness equipment on pages 132-139.



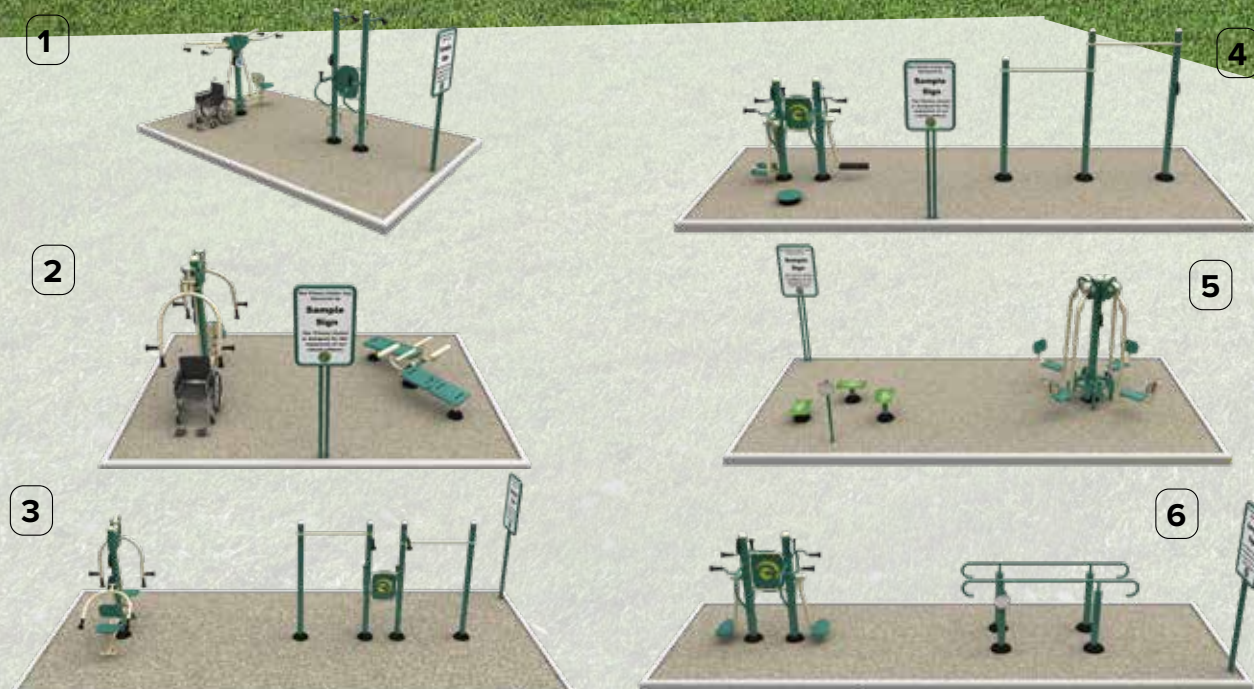
## THE TRACKS AT BREA BREA, CA

Enhance cardio workouts with strength training - Greenfields' units are perfect next to trails in both urban and rural settings.

COMPLEMENTARY

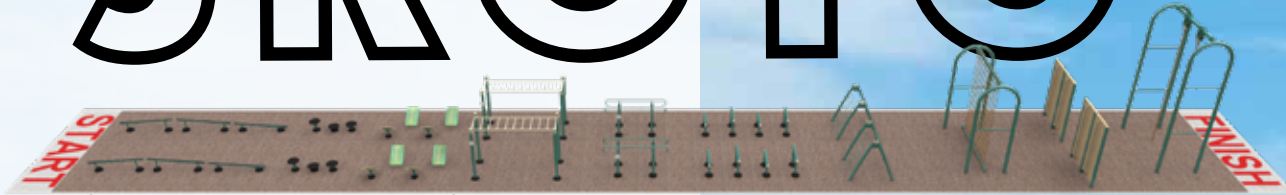
## TRAIL PACKAGES

Put small clusters along a trail or a large fitness zone at the trailhead.  
See pg 84 for more details





# JROTC



**SEE THIS OBSTACLE  
COURSE ON PAGE 58**

**VAN BUREN JROTC PROGRAM  
VAN BUREN, AR**

Greenfields created a challenge course for the Van Buren School District. Outdoor gyms are ideal for ROTC and JROTC programs, helping students work toward greater performance levels.





# ROTC

## UNIVERSITY OF MARYLAND COLLEGE PARK, MD

Outdoor exercise stations provide conditioning in the elements, the perfect environment for cadet training. Don't see what you're looking for? Greenfields can customize items from our military line to the needs of ROTC and JROTC programs. Ask about our custom color options!

**LEARN MORE ABOUT GREENFIELDS  
FOR MILITARY ON PAGE 45**







# TRAILS

No longer limited to simply cardio, trails can now give users a full-body workout. Install equipment in clusters for high visibility and frequent usage.



# PARKS

Multigenerational, social, and accessible, Greenfields equipment is the perfect enhancement for parks of all sizes. With Greenfields you can provide workout opportunities for parents while children attend sports practices, give athletes a ready-made warmup venue, and invite underserved demographics into green spaces.





# SENIORS

Accessible, low-impact, and free to use, outdoor gyms are the ideal way to keep adults active well into their golden years. But Greenfields' gyms aren't limited to seniors – their multigenerational appeal means that grandparents can stay fit while spending time with friends and family of ALL ages.



# LAKE SIDES

Enhance any waterfront with an outdoor gym! Greenfields' equipment is an excellent addition to a lakeside trail or recreational area, providing activities that family members and friends can participate in together.



# ROADSIDES

The epitome of convenience! Outdoor gyms along busy urban thoroughfares provide an incredibly easy workout option for commuters driving home.





# SCHOOLS



Make exercise something students enjoy! Less intimidating than competition sports, outdoor gyms provide a way for students to enhance their physical fitness in a fun, social environment. Schools with ROTC and JROTC programs can use outdoor fitness equipment for training and physical conditioning. And by designating gyms as joint-use areas, the rest of the community can enjoy the fitness equipment outside of school hours.



# SCHOOL INCENTIVE PROGRAM

*for schools, colleges/universities, and joint use area projects*

## HELPING YOU DO MORE

Greenfields' School Incentive Program is intended to maximize your funding so you can provide more exercise opportunities for your students! For every School Incentive Program purchase\*, Greenfields will provide your school with a donation of additional gym enhancements in the form of more fitness units, specifically selected to complement your gym.

- 1 ASSESS** gym requirements - what are the ages and ability levels of the intended users? Is wheelchair accessible equipment required? How much space is available?
- 2 CHOOSE** one of our school fitness packages at [greenfieldsfitness.com/school-fitness/](https://www.greenfieldsfitness.com/school-fitness/) or let us help you customize one!
- 3 APPLY** for the School Incentive Program at [GreenfieldsFitness.com/SIP](https://www.GreenfieldsFitness.com/SIP)



\*Minimum investment of \$20,000 required for School Incentive Program eligibility (not including shipping). Value of the donated fitness units provided through the Greenfields School Incentive Program will be up to but not exceed 50% of dollar value of purchased equipment.





# HOSPITALS



The physical and psychological benefits of outdoor exercise are especially helpful to those facing long-term hospital stays. Greenfields' wheelchair accessible units are particularly well-suited to this application. Trails and clusters on hospital grounds can serve patients, families, visitors, and staff members.



# MILITARY

Greenfields Outdoor Fitness offers a variety of rugged, all-weather units for intense combat training. Greenfields is used by troops on bases across the U.S. and worldwide. Customization is available - call for details.

## CAN'T FIND WHAT YOU'RE LOOKING FOR?

We can meet the individual needs of your base or unit with equipment designed to your specifications. Contact us to learn more!

Greenfields' military line is

- Hot Galvanized
- Powder Coated
- Proudly **MADE IN THE USA**

**GSA** Contract Holder

#GS-03F-086GA, SIN #192 08

*Proudly enhancing physical fitness in America's armed forces:*



USMC



NAVY



*Also serving the FBI!*





# SHADE OPTIONS

Adding shade to an outdoor gym can help a community stay healthy and active rain or shine!

## Designed to fit your project's unique needs

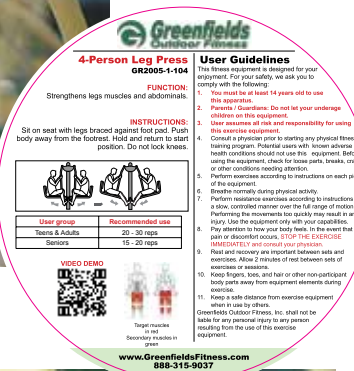
- CoolNet™ fabrics offer a high level of durability with all colors offering 90%+ U.V. Protection. All fabrics as standard meet NFPA and California Fire Marshal ratings.
- Turn-N-Slide™ is provided as standard (except on umbrellas) and provides the easiest and only patented canopy securing system in the industry.
- Single Point sail attachment provides the cleanest finished look and the easiest single point tensioning.
- Exclusive use of stainless-steel cables and hardware for increased corrosion resistance.
- 7-Step powder coat process as standard for increased corrosion resistance. Others offer as little as a two-step process.
- Extensive warranties offer customers the most comprehensive coverage.

## EXTEND AND MAXIMIZE USAGE: Add lights to your shade!

Shade columns may be customized to include electrical boxes, allowing an electrician to neatly run electric conduit to light fixtures (light fixtures and electrical services not included).



Unit labels feature safety guidelines, exercise instructions, and more!



## CUSTOM SIGNAGE

### SGR2005-1-105

Greenfields strongly recommends the inclusion of standalone safety signage with each project.

Signage limits liability, denotes age appropriate usage, and can be used to acknowledge donors. Customization of layout, graphics, and text is available at no extra charge.



# ADD-ONS

## Don't forget the details!

Greenfields Outdoor Fitness is your one-stop shop for nearly any amenity to complement an outdoor gym.

We can help with ...

- Shade structures
- Benches
- Bike racks
- Trash receptacles

... and more! Call us at 888-315-9037 and we'll help you put together a complete package your entire community will love.



Shade sails



Multi-level shade



Mega Span





# DESIGN ASSISTANCE

## The Making of a Greenfields Outdoor Fitness Center

We're ready to help you reinvigorate any space! Call us today at 888-315-9037 to get started.

### 1 PROJECT ASSESSMENT

We consider several factors when helping you design your gym:

- Available space and surrounding area
- Intended users
- Budget

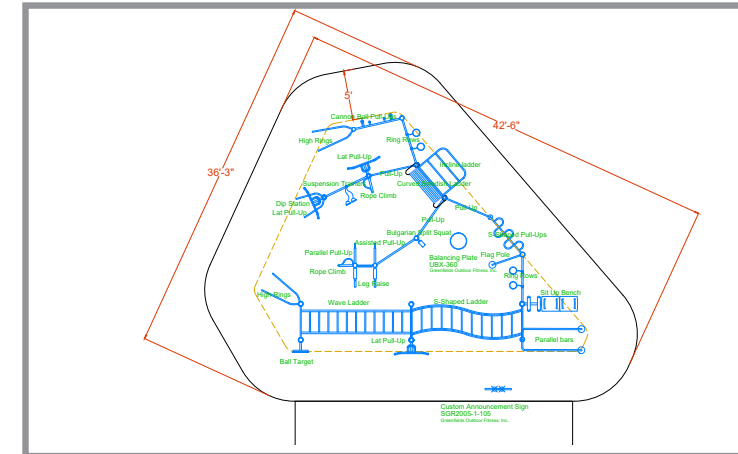
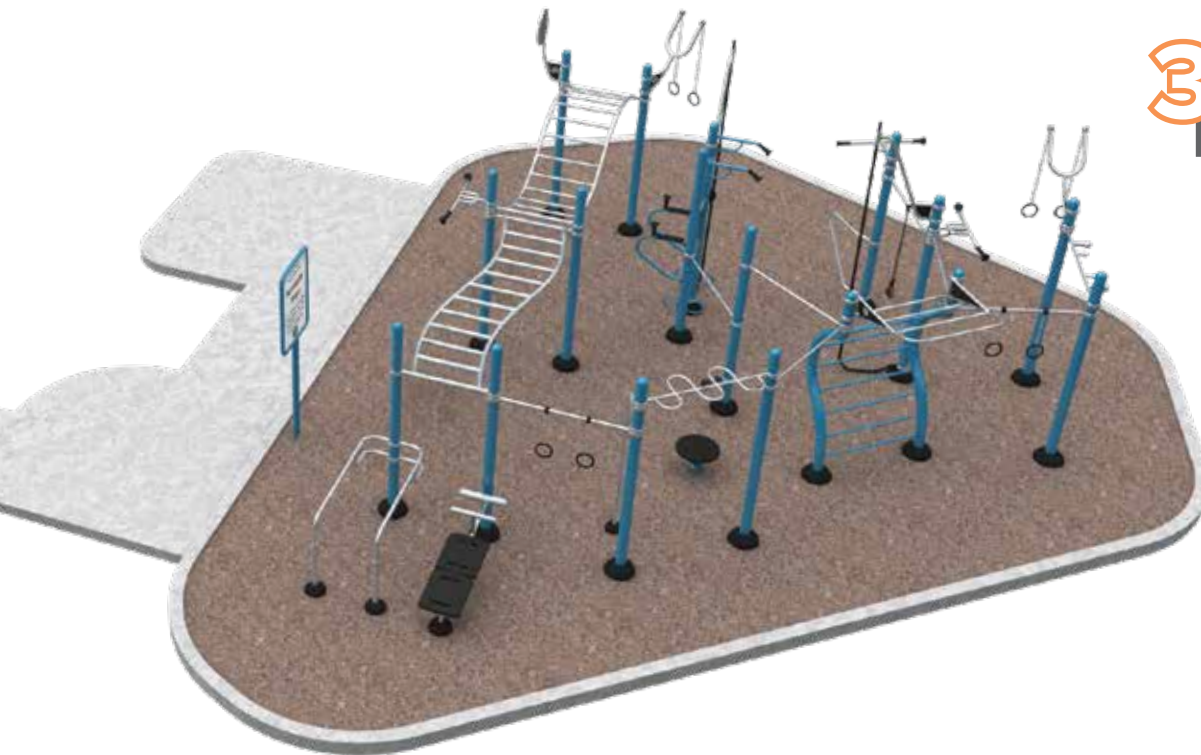
For the Barnett Park gym at right, project parameters called for the gym to fit in a uniquely-shaped area adjacent to the parking lot.



**BARNETT PARK BEFORE** ^

### 3 3D RENDERING

Visualize your fitness center with high-quality 3D images. Greenfields can even superimpose 3D graphics into photos for a realistic representations of the finished product.



### 2 2D LAYOUT

A basic 2D layout shows the footprint of the gym. The Barnett Park Fitness Rig covers a total of 1129 square feet.

Barnett Park's completed gym allows 27 people to exercise at the same time! Features on this gym include:

|                       |                        |                      |                     |
|-----------------------|------------------------|----------------------|---------------------|
| Balancing Plate       | Flag Pole              | Parallel Pull-Up Bar |                     |
| Ball Target           | High Rings (x2)        | Pull-Up Bars (x3)    |                     |
| Cannonball Pull-Ups   | Incline Ladder         | Ring Rows            | Sit-Up Bench        |
| Captain's Chair       | Lat Pull-Up Bar (x2)   | Rope Climb           | Split Squat         |
| Curved Swedish Ladder | Leg/Knee Raise Station | S-Shaped Ladder      | Suspension Trainers |
| Dip Bar               | Parallel Bars          | S-Shaped Pull-Up Bar | Wave Ladder         |

### 4 FINISHED GYM



**BARNETT PARK AFTER**



# COOPERATIVE PURCHASING

Let us help you simplify the purchasing process - Greenfields is a contract holder with multiple entities including Sourcewell and GSA. Not sure which contract is best for you? Call us at 888-315-9037 and we'll guide you to the right solution.



## CONTRACTS

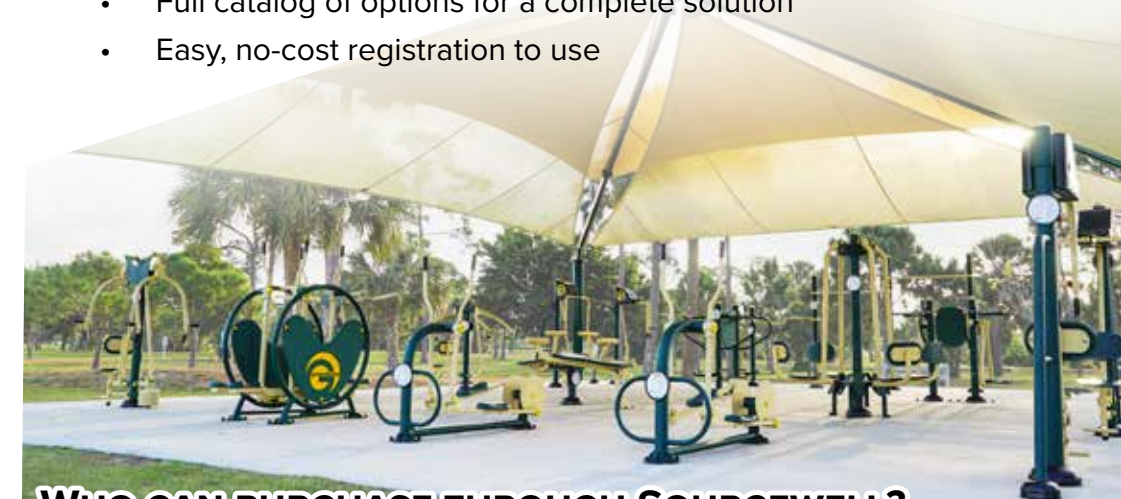
- Sourcewell (Contract #010721-GRN) - more details on opposite page
- GSA (Contract #GS-03F-086GA)
- CMAS: California Multiple Award Schedule
- Clay County, Florida
- Palm Beach County, Florida



**Building a healthier,  
more active community  
JUST GOT EASIER**

## THE BENEFITS OF A SOURCEWELL CONTRACT - SAVE TIME AND MONEY:

- Trusted process that satisfies bid requirements
- Eliminates low-bid, low-quality issues
- Government agency that works like you
- Achievement of Excellence in Procurement recipient
- Contracts offer ceiling-based pricing, volume discounts
- Full catalog of options for a complete solution
- Easy, no-cost registration to use



## WHO CAN PURCHASE THROUGH SOURCEWELL?

All government agencies, public and private schools/ colleges, tribal governments, and nonprofit organizations can register with Sourcewell as a participating agency.

## NOT A SOURCEWELL MEMBER?

There is no cost, liability, or obligation in joining Sourcewell. It only takes a few minutes. Becoming a member will enable you to purchase directly from Greenfields' entire product line using our contract number and your agency's Sourcewell number. It's that easy!

To sign up, visit: <https://www.sourcewell-mn.gov/register>

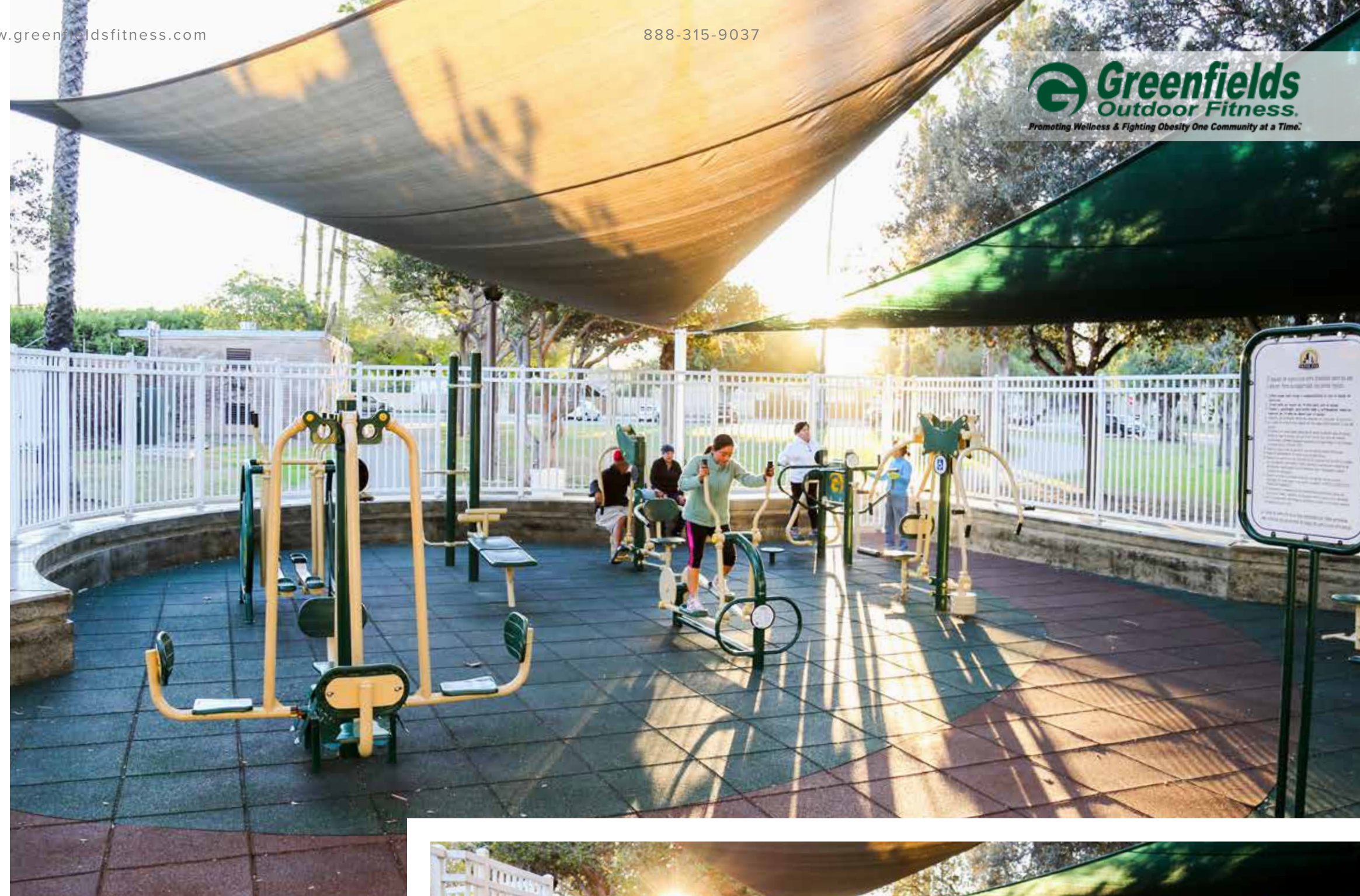
Sourcewell (formerly NJPA) is a municipal contracting agency serving over 50,000 members throughout the nation. As a public government agency itself, Sourcewell responds to its members' purchasing needs by facilitating and awarding national competitively solicited contracts.

For contract documents and user information, visit:  
[sourcewell-mn.gov](http://sourcewell-mn.gov)  
877-585-9706

**Ready to use your contract to create your outdoor gym? Contact us today!**



## BEFORE



# TRANSFORMATIONS

**Energize an unused space with a social, multigenerational outdoor gym!**

Greenfields' social, multigenerational fitness equipment provides the perfect way to revitalize an unused space and transform it into a community fitness hub that nearly all ages can enjoy together! With Greenfields' unique exercise units, many of which accommodate multiple users on one footprint, even small spaces can be utilized to encourage community members to exercise. Unused tennis courts, shuffleboard courts, picnic areas, and more provide ideal spaces for future gyms. Call Greenfields at 888-315-9037 and begin planning *your* park's transformation!







888-315-9037



# ULTIMATE OUTDOOR FITNESS EXPERIENCE



**Low-impact strengthening, stretching, and cardio in the great outdoors**

The Ultimate Outdoor Fitness Experience accommodates 102 users on 51 units - our most comprehensive package and the premiere outdoor fitness destination for your community

For more details on the package visit [greenfieldsfitness.com/ultimate-outdoor-fitness-experience-package](https://greenfieldsfitness.com/ultimate-outdoor-fitness-experience-package)

## PACKAGE SPECS

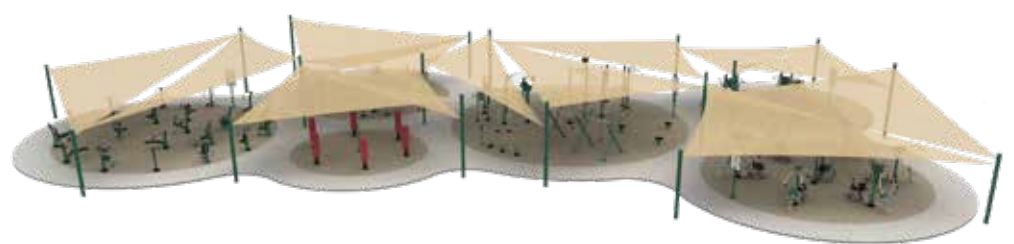
|                     |                                |
|---------------------|--------------------------------|
| UNITS               | 51                             |
| USERS               | 102                            |
| REQUIRED DIMENSIONS | <i>varies by configuration</i> |



SEE THE VIDEO of this package at Simms Park!



- Available options:**
- ☒ Shade
  - ☒ Site amenities, including bike racks, benches, and trash receptacles



Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



# CAN YOU SURVIVE?

The **NEW X-TREME NINJA** line by Greenfields Outdoor Fitness is ready to test your strength, agility, and endurance. Race through the obstacles, improve your time, and compete with friends! Not for the faint of heart, the X-TREME NINJA courses offer a dozen challenging features such as peg walls, rotating rings, trapezes, and much more!



Get the blood pumping with this X-TREME workout! Greenfields' Ninja Course is packed with challenging features.

## X-TREME NINJA COURSE

**REQUIRED AREA:**  
80' x 30'  
**FEATURES: 13**



### AVAILABLE UNITS

- NJ-501 Slanted Jump Boards (Set of 4)
- NJ-506 Swinging Ropes (Set of 3)
- NJ-508 Cheese Walls (Set of 3)
- NJ-509 Peg Board
- NJ-512 Spider Web Climber
- NJ-513 Rotating Cone Wheels (Set of 3)
- NJ5-14 Burmese Floating Bridge (Set of 3)
- NJ-515 Spider Walk (Set of 3)
- NJ-518 Swings (Set of 3)
- NJ-519 Hovering Beam (Set of 3)
- NJ-521 Toggle Pull-Up Triangles (Set of 2)
- NJ-5234 Rings, Grip Balls, & Cones (Set of 3 each)



For more on X-Treme Ninja courses, see **page 34** or **scan the code** to the left, or visit [greenfieldsfitness.com/x-treme-ninja-course](https://www.greenfieldsfitness.com/x-treme-ninja-course).







# OBSTACLE COURSE

TAKE YOUR FITNESS ROUTINE  
TO THE NEXT LEVEL



SGR2005-1-43N  
Parallel Bars



SHP2009-5-09  
Horizontal Ladder



SGR2005-1-80  
A-Frame Ladder



SHP2009-7-37  
Round Plyometric Steps



SHP2009-7-31  
Balance Beam



SHP2009-7-35  
Over & Under Bars



SHP2009-7-24-L  
Slanted Jump Boards



MT2011-1-38  
10' Cargo Net Climb



MT2011-1-24  
2-Person 11'  
Rope Climb

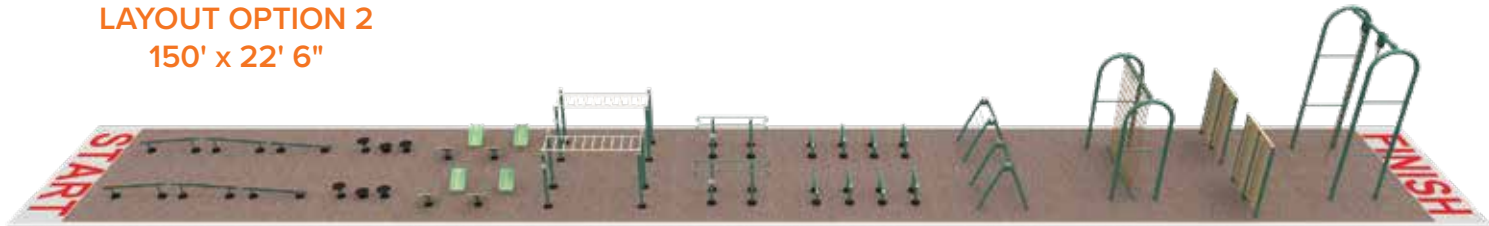


MT2011-1-42  
8' Rope Wall Climb

LAYOUT OPTION 1  
90' x 59'



LAYOUT OPTION 2  
150' x 22' 6"



## UNITS

|                     |                                   |
|---------------------|-----------------------------------|
| SGR2005-1-43N (x2)  | Parallel Bars                     |
| SGR2005-1-80 (x2)   | A-Frame Ladder                    |
| SHP2009-5-09 (x2)   | Horizontal Ladder                 |
| SHP2009-7-24-L (x2) | Slanted Jump Boards (Set of 4)    |
| SHP2009-7-31 (x6)   | Balance Beam                      |
| SHP2009-7-35 (x2)   | Over & Under Bars (Set of 4)      |
| SHP2009-7-37 (x2)   | Round Plyometric Steps (Set of 3) |
| MT2011-1-24         | 2-Person 11' Rope Climb           |
| MT2011-1-38         | 10' Cargo Net Climb               |
| MT2011-1-42 (x2)    | 8' Rope Wall Climb                |



Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.



# FUNCTIONAL FITNESS PLUS PACKAGE

## An exciting outdoor fitness experience

The Functional Fitness Plus Package has 23 units, which accommodate 49 people and cover a majority of core muscle groups. The Functional Fitness Plus Package provides an excellent variety of exercises from teens to seniors.



### UNITS

|               |                                                   |
|---------------|---------------------------------------------------|
| SHP2009-5-18  | 25-Person Mega Functional Fitness Rig             |
| SHP2009-7-24  | Plyometric Steps (Set of 3)                       |
| UBX-208       | Butterfly (adjustable resistance)                 |
| UBX-211       | Ab Toner (adjustable resistance)                  |
| UBX-217       | Squat (adjustable resistance)                     |
| UBX-244       | Tricep Press (adjustable resistance)              |
| UBX-244-W     | Accessible Tricep Press (adjustable resistance)   |
| UBX-246       | Chest Press (adjustable resistance)               |
| UBX-247       | Vertical Press (adjustable resistance)            |
| UBX-247-W     | Accessible Vertical Press (adjustable resistance) |
| UBX-248       | Shoulder Press (adjustable resistance)            |
| UBX-248-W     | Accessible Shoulder Press (adjustable resistance) |
| UBX-255       | Arm Curl (adjustable resistance)                  |
| UBX-258       | Hip Twist (adjustable resistance)                 |
| UBX-290       | Rower (adjustable resistance)                     |
| UBX-292       | Stepper (adjustable resistance)                   |
| UBX-293       | Bench Press (adjustable resistance)               |
| UBX-298       | Leg Extension & Curl (adjustable resistance)      |
| UBX-303 (x4)  | Kickboxing Station                                |
| UBX-360       | Balancing Plate                                   |
| SGR2005-1-105 | Customized Announcement Sign                      |

### PACKAGE SPECS

|                     |             |
|---------------------|-------------|
| UNITS               | 23          |
| USERS               | 49          |
| REQUIRED DIMENSIONS | see diagram |

### Available options:

- Announcement sign customization - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities





PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 3         |
| USERS               | 18        |
| REQUIRED DIMENSIONS | 35' x 30' |

- Available options:
- ☒ Shade
  - ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit [greenfieldsfitness.com/functional-fitness-sample-package/](https://greenfieldsfitness.com/functional-fitness-sample-package/)



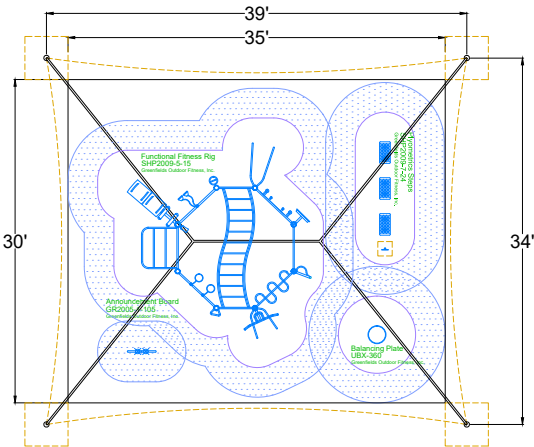
Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.

FUNCTIONAL FITNESS PACKAGE 1

UNITS

- |               |                              |
|---------------|------------------------------|
| SHP2009-5-15  | Functional Fitness Rig       |
| SHP2009-7-24  | Plyometrics Steps            |
| UBX-360       | Balancing Plate              |
| SGR2005-1-105 | Customized Announcement Sign |

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.







Alternate Layout

# FUNCTIONAL FITNESS PACKAGE 2

## UNITS

|               |                              |
|---------------|------------------------------|
| SGR2005-1-43N | Parallel Bars                |
| SHP2009-5-14  | 13-Person Cross Fitness Rig  |
| SHP2009-5-15  | Functional Fitness Rig       |
| SHP2009-5-16  | X-Rig                        |
| SHP2009-7-24  | Plyometrics Steps (Set of 3) |
| UBX-360       | Balancing Plate              |
| SGR2005-1-105 | Customized Announcement Sign |

## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 6         |
| USERS               | 41        |
| REQUIRED DIMENSIONS | 48' x 48" |



Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.





# SPORTS PARK PACKAGE

## Sports parks aren't just for athletes!

A Greenfields outdoor gym lets those who would otherwise be spectators enjoy some exercise while friends and family members attend practices. Shade and lighting promote user comfort regardless of the weather or time of day.



### AREA 1

|                   |                                                       |
|-------------------|-------------------------------------------------------|
| SGR2005-1-42      | 2-Person Back & Arms Combo                            |
| SGR2005-1-47-W    | 2-Person Accessible Vertical Press                    |
| SGR2005-1-48-W    | 2-Person Accessible Lat Pull-Down                     |
| SGR2005-1-48A-W   | 2-Person Accessible Chest Press                       |
| SGR2005-1-48E-W a | 2-Person Accessible Butterfly & Reverse Fly Config. A |
| SGR2005-1-48E-W b | 2-Person Accessible Butterfly & Reverse Fly Config. B |
| SGR2005-1-105     | Customized Announcement Sign                          |

### AREA 2

|               |                              |
|---------------|------------------------------|
| UBX - 215     | Adjustable Leg Press         |
| UBX - 217     | Adjustable Squat             |
| UBX - 223     | Sit-Up Bench                 |
| UBX - 246     | Adjustable Chest Press       |
| UBX - 247     | Adjustable Vertical Press    |
| UBX - 248     | Adjustable Shoulder Press    |
| UBX - 292     | Adjustable Stepper           |
| SGR2005-1-105 | Customized Announcement Sign |

### AREA 3

|                |                                       |
|----------------|---------------------------------------|
| SGR2005-1-21   | 4-Person Lower Body Combo             |
| SGR2005-1-22   | 4-Person Pendulum, Abs & Dips Station |
| SGR2005-1-26   | 2-Person Cross Country Ski            |
| SGR2005-1-104N | 4-Person Leg Press                    |
| SHP2009-5-03   | Single Elliptical                     |
| SGR2005-1-105  | Customized Announcement Sign          |

### AREA 4

|               |                                |
|---------------|--------------------------------|
| SHP2009-5-17  | Compact Functional Fitness Rig |
| SHP2009-7-24  | Plyometric Steps (Set of 3)    |
| SGR2005-1-105 | Customized Announcement Sign   |

### PACKAGE SPECS

|                     |                                                  |
|---------------------|--------------------------------------------------|
| UNITS               | 20                                               |
| USERS               | 45                                               |
| REQUIRED DIMENSIONS | 25' x 37'<br>24' x 28'<br>29' x 37'<br>22' x 31' |





# PROFESSIONAL SERIES PACKAGE

**The most sophisticated outdoor gym experience yet**

Greenfields' Professional Series Package brings customizable resistance to the outdoor workout. These revolutionary units incorporate adjustable pistons to accommodate any user regardless of fitness level.

## UNITS

|               |                                 |
|---------------|---------------------------------|
| UBX-208       | Adjustable Butterfly            |
| UBX-211       | Adjustable Ab Toner             |
| UBX-215       | Adjustable Leg Press            |
| UBX-217       | Adjustable Squat                |
| UBX-244       | Adjustable Tricep Press         |
| UBX-246       | Adjustable Chest Press          |
| UBX-247       | Adjustable Vertical Press       |
| UBX-248       | Adjustable Shoulder Press       |
| UBX-255       | Adjustable Arm Curl             |
| UBX-290       | Adjustable Rower                |
| UBX-292 (x4)  | Adjustable Stepper              |
| UBX-293       | Adjustable Bench Press          |
| UBX-298       | Adjustable Leg Extension & Curl |
| UBX-303 (x4)  | Kickboxing Station              |
| SGR2005-1-105 | Customized Announcement Sign    |

## PACKAGE SPECS

|                     |                                            |
|---------------------|--------------------------------------------|
| UNITS               | 20                                         |
| USERS               | 20                                         |
| REQUIRED DIMENSIONS | 40 x 40' (square)<br>65' diameter (circle) |



## Possible layout Styles:

### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.







# LARGE PACKAGE

Low-impact strengthening, stretching, and cardio in the great outdoors

Turn a dormant open space into a gym and give your community a free ticket to healthier lifestyles! The Large Package accommodates 38 users and provides exercises for upper, core, and lower body muscles, as well as the Adjustable Stepper to boost cardio.

| PACKAGE SPECS       |           |
|---------------------|-----------|
| UNITS               | 13        |
| USERS               | 38        |
| REQUIRED DIMENSIONS | 49' x 49' |

Wheelchair friendly

U.S. Patents 9,079,069 & 11,130,039



**Signature Accessible**  
by **Greenfields**  
Outdoor Fitness

UNITS

SGR2005-1-21

SGR2005-1-22

SGR2005-1-26

SGR2005-1-42

SGR2005-1-46

SGR2005-1-47-W

SGR2005-1-48-W

SGR2005-1-48A-W

SGR2005-1-48E

SGR2005-1-77

SGR2005-1-91

SGR2005-1-104N

UBX-292

SGR2005-1-105

4-Person Lower Body Combo

4-Person Pendulum, Abs & Dips Station

2-Person Cross-Country Ski

2-Person Back & Arms Combo

4-Person Twisting Station

2-Person Accessible Vertical Press

2-Person Accessible Lat Pull

2-Person Accessible Chest Press

2-Person Combo Butterfly & Reverse Fly

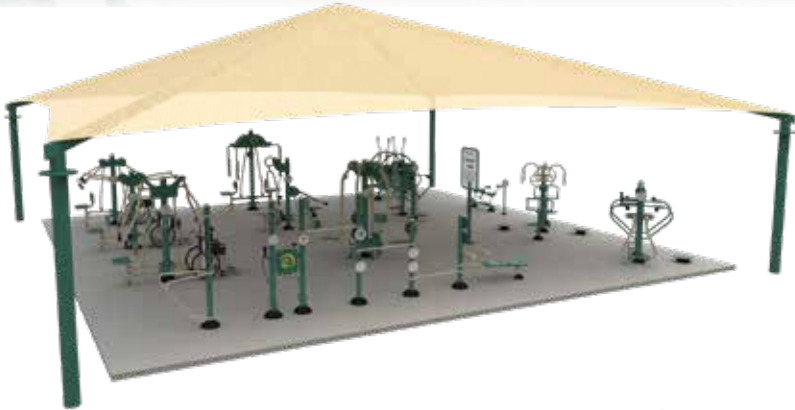
8-Person Linear Combo

Rowing Machine

4-Person Leg Press

Adjustable Stepper

Customized Announcement Sign



- Available options:
- ☒ Shade
  - ☒ Site amenities, including bike racks, benches, and trash receptacles



Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.

For more details on the package visit [greenfieldsfitness.com/large-sample-package](https://www.greenfieldsfitness.com/large-sample-package)



# MEDIUM PACKAGE 2

## UNITS

|                 |                                       |
|-----------------|---------------------------------------|
| SGR2005-1-22    | 4-Person Pendulum, Abs & Dips Station |
| SGR2005-1-26    | 2-Person Cross-Country Ski            |
| SGR2005-1-47-W  | 2-Person Accessible Vertical Press    |
| SGR2005-1-48-W  | 2-Person Accessible Lat Pull          |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press       |
| SGR2005-1-71    | 3-Person Static Combo                 |
| SGR2005-1-104N  | 4-Person Leg Press                    |
| UBX-208         | Adjustable Butterfly                  |
| UBX-255         | Adjustable Arm Curl                   |
| UBX-292         | Adjustable Stepper                    |
| UBX-293         | Adjustable Bench Press                |
| UBX-298         | Adjustable Leg Extension & Curl       |
| SGR2005-1-105   | Customized Announcement Sign          |

## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 12        |
| USERS               | 24        |
| REQUIRED DIMENSIONS | 41' x 41' |



### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit [greenfieldsfitness.com/medium-sample-package-2](http://greenfieldsfitness.com/medium-sample-package-2)

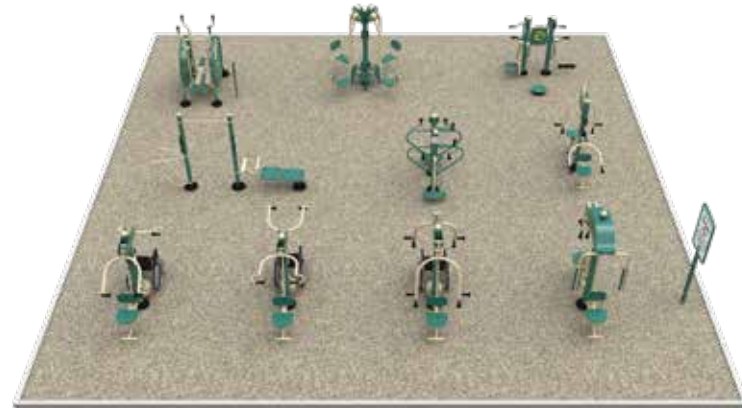
Teens, parents and seniors alike will gravitate to the easy-to-use, social equipment in Greenfields' Medium Sample Package 2. Incorporating several Professional Series units with adjustable resistance, the package combines form and functionality to create an appealing outdoor fitness space.



# MEDIUM PACKAGE 1

One of Greenfields' most popular packages, the 10-unit Medium Sample Package 1 is a well-rounded selection of units offering exercises to a vast variety of users.

For more details on the package visit [greenfieldsfitness.com/medium-sample-package-1](http://greenfieldsfitness.com/medium-sample-package-1)



## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 10        |
| USERS               | 27        |
| REQUIRED DIMENSIONS | 48' x 48' |

## UNITS

|                 |                                        |
|-----------------|----------------------------------------|
| SGR2005-1-21    | 4-Person Lower Body Combo              |
| SGR2005-1-22    | 4-Person Pendulum, Abs & Dips Station  |
| SGR2005-1-26    | 2-Person Cross-Country Ski             |
| SGR2005-1-42    | 2-Person Back & Arms Combo             |
| SGR2005-1-47-W  | 2-Person Accessible Vertical Press     |
| SGR2005-1-48-W  | 2-Person Accessible Lat Pull           |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press        |
| SGR2005-1-48E   | 2-Person Combo Butterfly & Reverse Fly |
| SGR2005-1-71    | 3-Person Static Combo                  |
| SGR2005-1-104N  | 4-Person Leg Press                     |
| SGR2005-1-105   | Customized Announcement Sign           |



### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



# SMALL PACKAGE

The Small Sample Package includes several of Greenfields' most popular exercise machines. While only incorporating 7 units, the Small Sample Package accommodates 18 people and covers all major muscle groups. The Small Sample Package is an excellent option for places such as small parks and street corners, transforming excess space into a valuable community amenity.

## UNITS

|                 |                                          |
|-----------------|------------------------------------------|
| SGR2005-1-22    | 4-Person Pendulum, Abs & Dips Station    |
| SGR2005-1-42    | 2-Person Back & Arms Combo               |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press          |
| SGR2005-1-48C   | 2-Person Combo Lat Pull & Vertical Press |
| SGR2005-1-71    | 3-Person Static Combo                    |
| SGR2005-1-91    | Rowing Machine                           |
| SGR2005-1-104N  | 4-Person Leg Press                       |
| SGR2005-1-105   | Customized Announcement Sign             |



## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 7         |
| USERS               | 18        |
| REQUIRED DIMENSIONS | 36' x 36' |

### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



# MEDIUM PACKAGE 3

The unique 8-Person Linear Combo serves as the cornerstone for the Medium Sample Package 3. Allowing for exercises such as pull-ups and dips, it offers more challenging activities to advanced users.

## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 10        |
| USERS               | 25        |
| REQUIRED DIMENSIONS | 48' x 48' |

## UNITS

|                 |                                        |
|-----------------|----------------------------------------|
| SGR2005-1-42    | 2-Person Back & Arms Combo             |
| SGR2005-1-47-W  | 2-Person Accessible Vertical Press     |
| SGR2005-1-48-W  | 2-Person Accessible Lat Pull           |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press        |
| SGR2005-1-48E   | 2-Person Combo Butterfly & Reverse Fly |
| SGR2005-1-77    | 8-Person Linear Combo                  |
| SGR2005-1-91    | Rowing Machine                         |
| SGR2005-1-104N  | 4-Person Leg Press                     |
| UBX-217         | Adjustable Squat                       |
| UBX-292         | Adjustable Stepper                     |
| SGR2005-1-105   | Customized Announcement Sign           |



### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit  
[greenfieldsfitness.com/medium-sample-package-3](http://greenfieldsfitness.com/medium-sample-package-3)





# SIGNATURE ACCESSIBLE™ SENIOR PACKAGE 1

The perfect fitness solution for seniors! The Signature Accessible™ Senior Package 1 features 11 units that accommodate 28 users, including five in wheelchairs. An inviting, low-impact and social addition to any outdoor space, this package creates a fun and un intimidating environment for seniors to exercise.

## UNITS

|                   |                                                  |
|-------------------|--------------------------------------------------|
| SGR2005-1-19      | 2-Person Incline Sit-Up Bench                    |
| SGR2005-1-21      | 4-Person Lower Body Combo                        |
| SGR2005-1-22      | 4-Person Pendulum, Abs & Dips Station            |
| SGR2005-1-26      | 2-Person Cross-Country Ski                       |
| SGR2005-1-42      | 2-Person Back & Arms Combo                       |
| SGR2005-1-47-W    | 2-Person Accessible Vertical Press               |
| SGR2005-1-48-W    | 2-Person Accessible Lat Pull                     |
| SGR2005-1-48A-W   | 2-Person Accessible Chest Press                  |
| SGR2005-1-48E-W A | 2-Person Combo Butterfly & Reverse Fly Config. A |
| SGR2005-1-48E-W B | 2-Person Combo Butterfly & Reverse Fly Config. B |
| SGR2005-1-104N    | 4-Person Leg Press                               |
| SGR2005-1-105     | Customized Announcement Sign                     |



## Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 11        |
| USERS               | 28        |
| REQUIRED DIMENSIONS | 45' x 45' |





# SIGNATURE ACCESSIBLE™ SENIOR PACKAGE 2

## UNITS

|                 |                                    |
|-----------------|------------------------------------|
| SGR2005-1-21    | 4-Person Lower Body Combo          |
| SGR2005-1-23    | 2-Person Air Walker                |
| SGR2005-1-26    | 2-Person Cross-Country Ski         |
| SGR2005-1-42    | 2-Person Back and Arms Combo       |
| SGR2005-1-47-W  | 2-Person Accessible Vertical Press |
| SGR2005-1-48-W  | 2-Person Accessible Lat Pull       |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press    |
| SGR2005-1-49    | Recumbent Bike                     |
| SGR2005-1-91    | Rowing Machine                     |
| SGR2005-1-98    | Seated Leg Extension               |
| SGR2005-1-104N  | 4-Person Leg Press                 |
| SHP2009-5-03    | Single Elliptical                  |
| SGR2005-1-105   | Customized Announcement Sign       |

## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 12        |
| USERS               | 24        |
| REQUIRED DIMENSIONS | 43' x 43' |



For more details on the package visit  
[greenfieldsfitness.com/senior-sample-package-2](http://greenfieldsfitness.com/senior-sample-package-2)



Seniors love exercising together outdoors! The Signature Accessible™ Senior Sample Package 2 provides exercise opportunities for 24 users, including 3 users in wheelchairs. Multi-user units such as Greenfields' 4-Person Leg Press and 2-Person Cross Country Ski encourage interaction, resulting in longer exercise sessions and greater health benefits.







Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.

## SCHOOL PACKAGE 1

Greenfields' School Package 1 is ideal for both P.E. classes and out-of-classtime recreation. This basic package can accommodate over 50 students when used in conjunction with supplemental cardio activities.

### UNITS

|               |                               |
|---------------|-------------------------------|
| SGR2004-1-33  | Multi-Level Bars              |
| SGR2005-1-14  | 2-Person Dips Station         |
| SGR2005-1-19  | 2-Person Incline Sit-Up Bench |
| SGR2005-1-42  | 2-Person Back & Arms Combo    |
| SGR2005-1-47  | 2-Person Vertical Press       |
| SGR2005-1-48  | 2-Person Lat Pull             |
| SGR2005-1-48A | 2-Person Chest Press          |
| SHP2009-5-10  | 4-Person Combo Bars           |
| SHP2009-7-24  | Plyometric Steps (Set of 3)   |
| UBX-360 (x2)  | Balancing Plate               |
| SGR2005-1-105 | Customized Announcement Sign  |

### PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 11        |
| USERS               | 26        |
| REQUIRED DIMENSIONS | 47' x 40' |

#### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit  
[greenfieldsfitness.com/school-sample-package-1](https://www.greenfieldsfitness.com/school-sample-package-1)





# SCHOOL PACKAGE 2

The Professional Series units with adjustable resistance simulate the workout experience of an indoor gym, and allow students of nearly every ability level to participate alongside each other.

PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 21        |
| USERS               | 42        |
| REQUIRED DIMENSIONS | 53' x 53' |

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

UNITS

|               |                                        |
|---------------|----------------------------------------|
| SGR2005-1-33  | 5-Person Multi-Level Bars              |
| SGR2005-1-14  | 2-Person Dips Station                  |
| SGR2005-1-19  | 2-Person Incline Sit-Up Bench          |
| SGR2005-1-21  | 4-Person Lower Body Combo              |
| SGR2005-1-22  | 4-Person Pendulum, Abs, & Dips Station |
| SGR2005-1-42  | 2-Person Back and Arms Combo           |
| SGR2005-1-47  | 2-Person Vertical Press                |
| SGR2005-1-48  | 2-Person Lat Pull                      |
| SGR2005-1-48A | 2-Person Chest Press                   |
| SHP2009-5-09  | Horizontal Ladder                      |
| SHP2005-5-10  | 4-Person Combo Bars                    |
| SHP2009-7-24  | Plyometrics Steps (set of 3)           |
| UBX-217       | Adjustable Squat                       |
| UBX-255       | Adjustable Arm Curl                    |
| UBX-292 (x4)  | Adjustable Stepper                     |
| UBX-293       | Adjustable Bench Press                 |
| UBX-360 (x2)  | Balancing Plate                        |
| SGR2005-105   | Customized Announcement Sign           |

For more details on the package visit [greenfieldsfitness.com/school-sample-package-2](https://www.greenfieldsfitness.com/school-sample-package-2)



# SCHOOL PACKAGE 3

Bring the indoor gym experience outside with Greenfields' School Sample Package 3. A wide variety of adjustable Professional Series units, plyo steps, and the 13-Person Cross Fitness Rig combine to create an outdoor gym like none other!

UNITS

|               |                                 |
|---------------|---------------------------------|
| SHP2009-5-14  | 13-Person Cross-Fitness Rig     |
| SHP2009-7-24  | Plyometric Steps (set of 3)     |
| UBX-208       | Adjustable Butterfly            |
| UBX-211       | Adjustable Ab Toner             |
| UBX-215       | Adjustable Leg Press            |
| UBX-217       | Adjustable Squat                |
| UBX-244       | Adjustable Tricep Press         |
| UBX-246       | Adjustable Chest Press          |
| UBX-247       | Adjustable Vertical Press       |
| UBX-248       | Adjustable Shoulder Press       |
| UBX-255       | Adjustable Arm Curl             |
| UBX-258       | Adjustable Hip Twist            |
| UBX-290       | Adjustable Rower                |
| UBX-292 (x2)  | Adjustable Stepper              |
| UBX-293       | Adjustable Bench Press          |
| UBX-298       | Adjustable Leg Extension & Curl |
| UBX-360 (x2)  | Balancing Plate                 |
| SGR2005-1-105 | Customized Announcement Sign    |

PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 19        |
| USERS               | 33        |
| REQUIRED DIMENSIONS | 48' x 48' |

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit [greenfieldsfitness.com/school-sample-package-3](https://www.greenfieldsfitness.com/school-sample-package-3)



SEE THE VIDEO of this package at Bixby Park!



# TRAIL PACKAGE 1

Six mini-clusters with activities for entry-level and advanced users at each

Designed to complement cardio workouts, the 12-unit Trail Package 1 emphasizes upper body and core exercises.

For more details on the package visit [greenfieldsfitness.com/trail-sample-package-1](http://greenfieldsfitness.com/trail-sample-package-1)

## UNITS

|                                                                   |                                                                                                  |
|-------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>Area 1</b><br>SGR2005-1-48-W<br>SHP2009-5-07<br>SGR2005-1-105  | 2-Person Accessible Lat Pull<br>2-Person Full Bar Exercise<br>Customized Announcement Sign       |
| <b>Area 2</b><br>SGR2005-1-19<br>SGR2005-1-48A-W<br>SGR2005-1-105 | 2-Person Incline Sit-Up Bench<br>2-Person Accessible Chest Press<br>Customized Announcement Sign |
| <b>Area 3</b><br>SGR2005-1-42<br>SHP2009-5-10<br>SGR2005-1-105    | 2-Person Back and Arms Combo<br>4-Person Combo Bars<br>Customized Announcement Sign              |
| <b>Area 4</b><br>SGR2005-1-21<br>SGR2005-1-45<br>SGR2005-1-105    | 4-Person Lower Body Combo<br>2-Level Horizontal Bars<br>Customized Announcement Sign             |
| <b>Area 5</b><br>SGR2005-1-104N<br>SHP2009-7-24<br>SGR2005-1-105  | 4-Person Leg Press<br>Plyometric Steps (Set of 3)<br>Customized Announcement Sign                |
| <b>Area 6</b><br>SGR2005-1-22<br>SGR2005-1-43N<br>SGR2005-1-105   | 4-Person Pendulum, Abs, & Dips Station<br>Parallel Bars<br>Customized Announcement Sign          |

## PACKAGE SPECS

|                     |        |
|---------------------|--------|
| UNITS               | 12     |
| USERS               | 32     |
| REQUIRED DIMENSIONS | varies |



### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



1



2



3



4



5



6



# LARGE SIGNATURE ACCESSIBLE™ PACKAGE

Greenfields' Large Signature Accessible™ Sample Package sets the standard for inclusion with a wide variety of exercises for both the able-bodied and those in wheelchairs. Our unique Signature Accessible™ units accommodate those in wheelchairs without requiring them to transfer, while also serving the able-bodied on the reverse side.

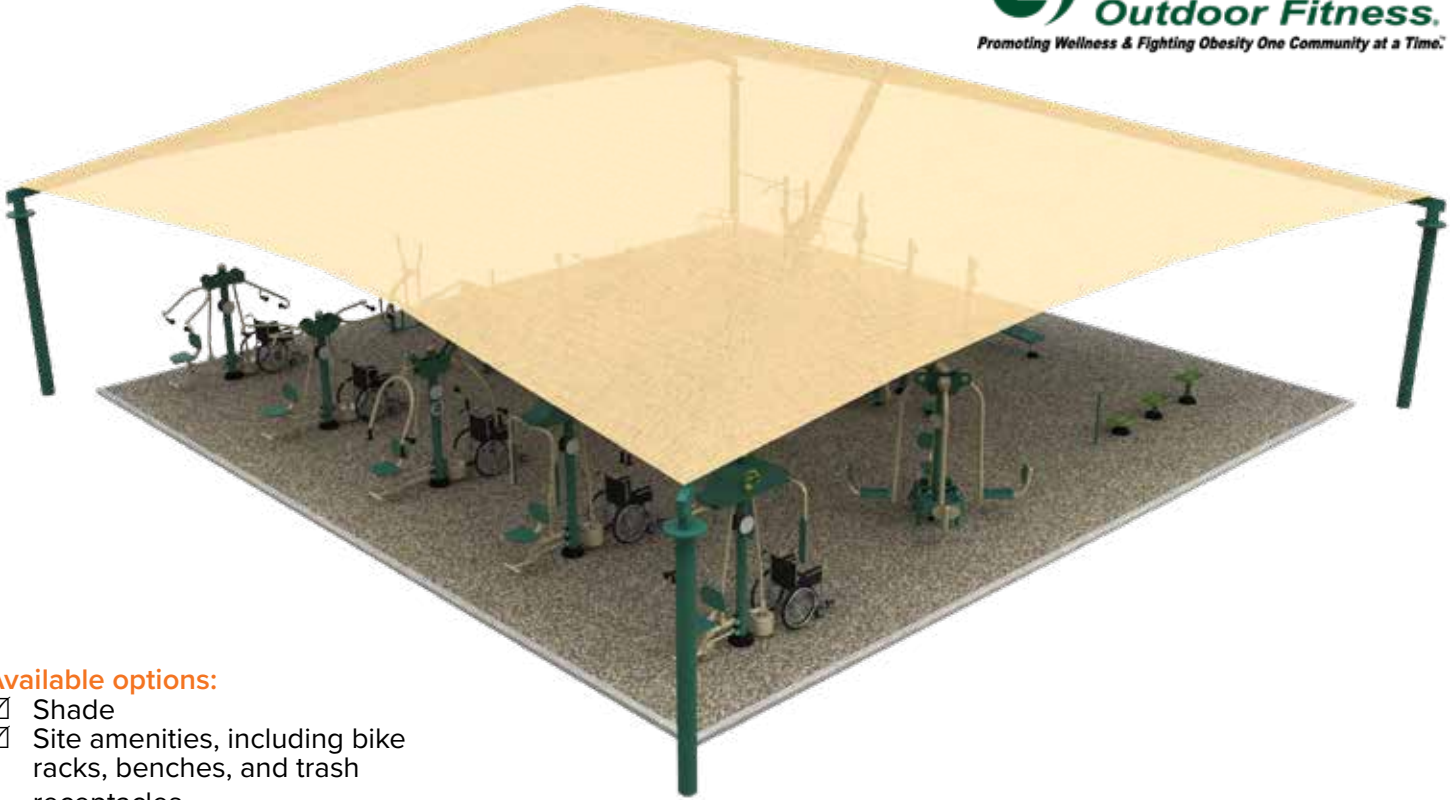


### UNITS

|                   |                                               |
|-------------------|-----------------------------------------------|
| SGR2005-1-21      | 4-Person Lower Body Combo                     |
| SGR2005-1-22      | 4-Person Pendulum, Abs & Dips Station         |
| SGR2005-1-26      | 2-Person Cross-Country Ski                    |
| SGR2005-1-47-W    | 2-Person Accessible Vertical Press            |
| SGR2005-1-48-W    | 2-Person Accessible Lat Pull                  |
| SGR2005-1-48A-W   | 2-Person Accessible Chest Press               |
| SGR2005-1-48E-W A | 2-Person Accessible Combo Butterfly Config. A |
| SGR2005-1-48E-W B | 2-Person Accessible Combo Butterfly Config. B |
| SGR2005-1-77      | 8-Person Linear Combo                         |
| SGR2005-1-91      | Rowing Machine                                |
| SGR2005-1-104N    | 4-Person Leg Press                            |
| SHP2009-5-03 (x2) | Single Elliptical                             |
| SHP2009-7-24      | Plyometric Steps (set of 3)                   |
| SGR2005-1-105     | Customized Announcement Sign                  |

### PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 14        |
| USERS               | 38        |
| REQUIRED DIMENSIONS | 52' x 52' |



### Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on this package visit:  
[greenfieldsfitness.com/large-signature-accessible-sample-package](https://greenfieldsfitness.com/large-signature-accessible-sample-package)



Due to the height of some of the components in this package, Greenfields recommends the use of fall attenuating surfacing.



# SMALL SIGNATURE ACCESSIBLE™ PACKAGE

Turn a compact space into a pocket-size inclusive outdoor gym with Greenfields' Small Signature Accessible™ Package. The package allows for 6 wheelchair users and 6 able-bodied individuals to exercise alongside each other.

## UNITS

|                   |                                                    |
|-------------------|----------------------------------------------------|
| SGR2005-1-47-W    | 2-Person Accessible Vertical Press                 |
| SGR2005-1-48-W    | 2-Person Accessible Lat Pull                       |
| SGR2005-1-48A-W   | 2-Person Accessible Chest Press                    |
| SGR2005-1-48E-W A | Accessible Combo Butterfly & Reverse Fly Config. A |
| SGR2005-1-48E-W B | Accessible Combo Butterfly & Reverse Fly Config. B |
| UBX-286           | 2-Person Accessible Shoulder Wheel                 |
| SGR2005-1-105     | Customized Announcement Sign                       |

## Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit  
[greenfieldsfitness.com/small-signature-accessible-package](http://greenfieldsfitness.com/small-signature-accessible-package)

## PACKAGE SPECS

|                     |           |
|---------------------|-----------|
| UNITS               | 6         |
| USERS               | 12        |
| REQUIRED DIMENSIONS | 34' x 34' |



## MIX & MATCH TO FIT YOUR COMMUNITY

Greenfields offers the largest selection of outdoor fitness activities for users at all fitness levels: the NEW X-Treme Ninja Course, challenging Functional Fitness rigs, the cutting-edge Professional Series with adjustable resistance, the patented Signature Accessible line for users in wheelchairs (U.S. Patent 9,079,069 and 11,130,039), and the Legacy Series of body-weight leverage resistance equipment. With so many options it is easy to create an outdoor gym that can be enjoyed together by everyone in your community.



- Zero-recoil design
- Safe-Stop feature
- Adjustable mechanism (16 levels)
- Bi-directional resistance
- Three units for users in wheelchairs



- Great for advanced training
- Vast range of activities
- Customizable features
- Customizable layouts
- Strong social component



- Greenfields' newest and most challenging system
- Tests strength, agility, and endurance
- A dozen challenging features with more coming soon!



- No transferring required
- Patented\* wheelchair accessible design
- Work out alongside able-bodied users
- Build core and upper body strength

\*U.S. Patents 9,079,069 & 11,130,039



- Social activity with multigenerational appeal
- Built for any climate
- Body-weight leverage resistance + resistance-free designs
- In thousands of communities worldwide





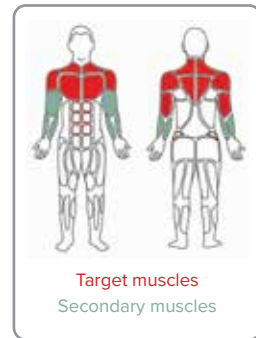
## UPPER BODY



### UBX-244 TRICEP PRESS

#### bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders



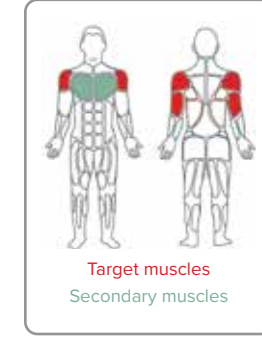
## UPPER BODY



### UBX-247 VERTICAL PRESS

#### bi-directional resistance

- Develops chest, front shoulders, and triceps

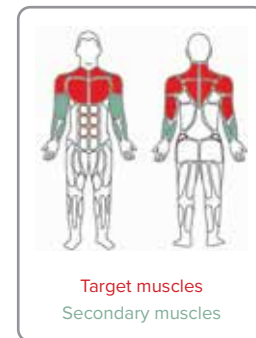


### UBX-244-W ACCESSIBLE TRICEP PRESS

U.S. PATENT 11,130,039

#### bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders

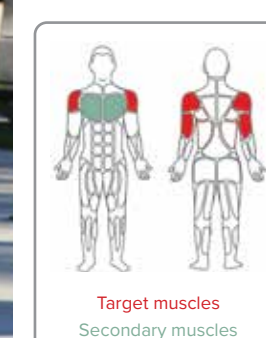


### UBX-247-W ACCESSIBLE VERTICAL PRESS

U.S. PATENT 11,130,039

#### bi-directional resistance

- Develops chest, front shoulders, and triceps





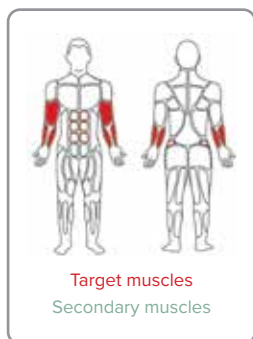
## UPPER BODY



### UBX-255 ARM CURL

#### uni-directional resistance

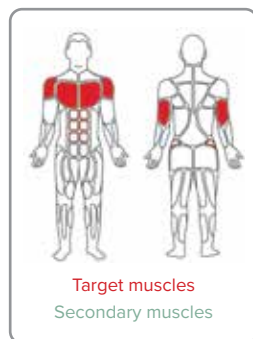
- Develops biceps and forearms



### UBX-293 BENCH PRESS

#### bi-directional resistance

- Develops chest, shoulders, and triceps



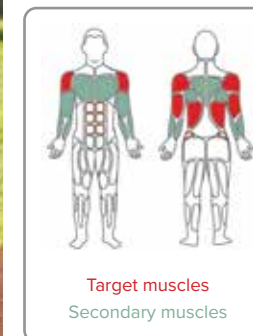
## UPPER BODY



### UBX-248 SHOULDER PRESS

#### bi-directional resistance

- Develops chest, back, shoulders, triceps, forearms, and abs

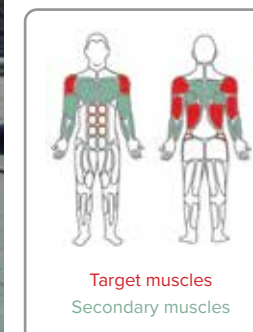


### UBX-248-W ACCESSIBLE SHOULDER PRESS

U.S. PATENT 11,130,039

#### bi-directional resistance

- Develops chest, back, shoulders, triceps, forearms, and abs





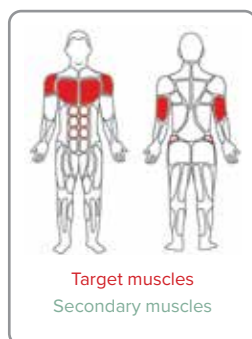
## UPPER BODY



### UBX-290 ROWER

#### bi-directional resistance

- Strengthens back muscles, shoulders, biceps, and forearms



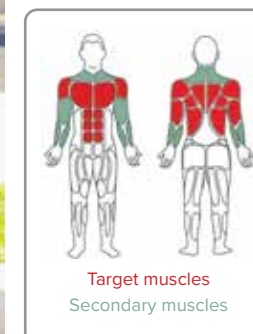
## UPPER BODY



### UBX-246 CHEST PRESS

#### bi-directional resistance

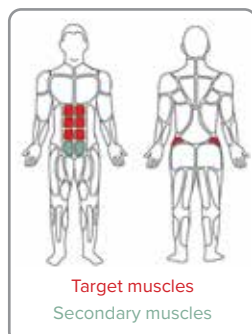
- Develops shoulders, chest, and triceps



### UBX-223 SIT-UP BENCH

#### bi-directional resistance

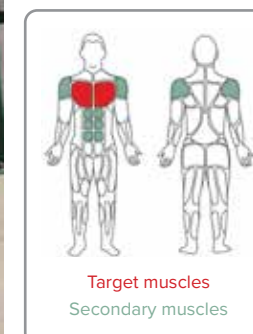
- Can also be used for leg raises
- Develops abdominal muscles



### UBX-208 BUTTERFLY

#### bi-directional resistance

- Develops chest, shoulders, and upper and mid abs





## LOWER BODY



### UBX-215 LEG PRESS

#### bi-directional resistance

- Develops abs, glutes, and leg muscles



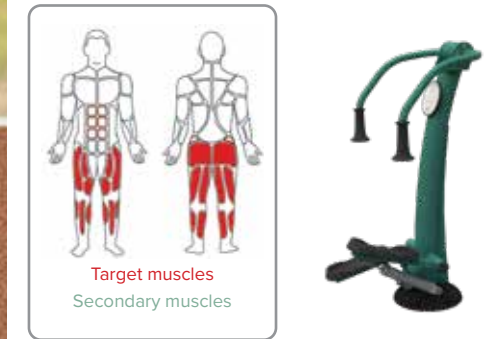
## LOWER BODY



### UBX-292 STEPPER

#### bi-directional resistance

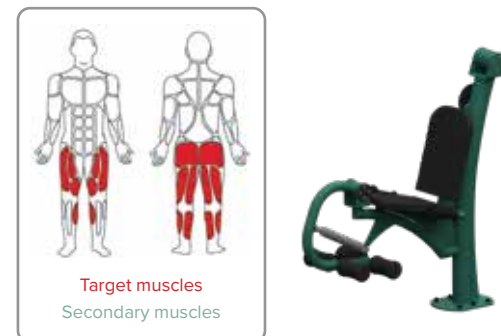
- Develops glutes and leg muscles



### UBX-298 LEG EXTENSION & CURL

#### bi-directional resistance

- Develops glutes and leg muscles



### UBX-217 SQUAT

#### bi-directional resistance

- Strengthens glutes and leg muscles



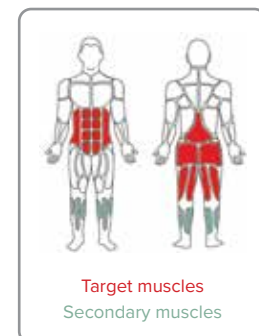


## CORE



### UBX-221 BACK EXTENSION

- Strengthens hamstrings, glutes, lower back and core



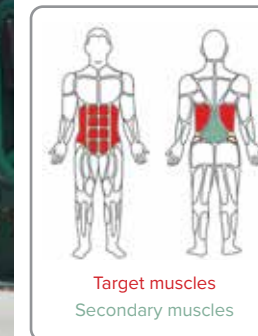
## CORE



### UBX-258 HIP TWIST

**bi-directional resistance**

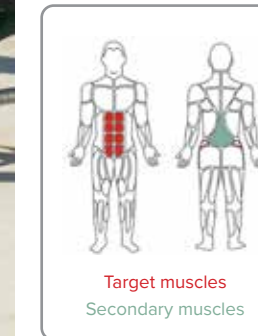
- Strengthens core



### UBX-211 AB TONER

**bi-directional resistance**

- Strengthens abs and lower back





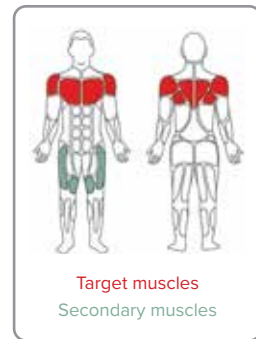
## MOBILITY



### UBX-222 SINGLE TAI-CHI

#### bi-directional resistance

- Strengthens shoulders
- Can help improve wrist agility
- Can be used by two people simultaneously



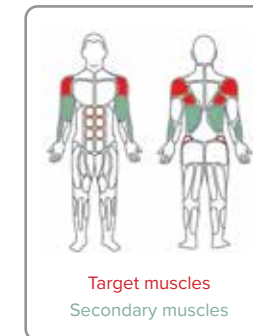
## MOBILITY



### UBX-287 SINGLE HAND BIKE

#### bi-directional resistance

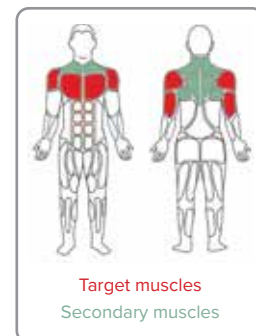
- Strengthens arms and shoulder muscles
- Great cardio workout



### UBX-286 2-PERSON SHOULDER WHEEL

#### bi-directional resistance

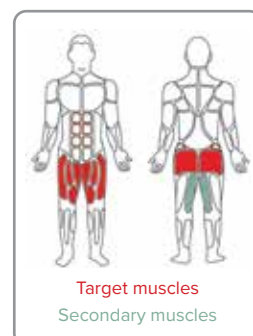
- Increases flexibility in the shoulder muscles and joints



### UBX-218 ADJUSTABLE INNER THIGH ADDUCTOR

#### bi-directional resistance

- Strengthens thighs and core





## MOBILITY

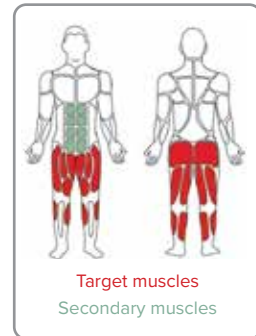


### UBX-288

#### SINGLE RECUMBENT BIKE

##### bi-directional resistance

- Strengthens calves, hamstrings, glutes and quadriceps
- Good cardiovascular activity
- Low-impact

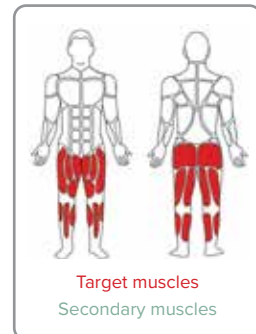


### UBX-289

#### SINGLE UPRIGHT BIKE

##### bi-directional resistance

- Strengthens calves, hamstrings, glutes and quadriceps



## FITNESS RIG



### SHP2009-5-17 COMPACT FUNCTIONAL FITNESS RIG



CLICK OR SCAN TO  
SEE THE VIDEO

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

\*This is an accessory which is not intended to be left unattended on the equipment. Greenfields recommends that it be made available at a nearby facility for check-out by users.



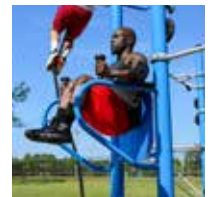
Ball Target\*



Pull-Ups



Cannonball Pull-Ups



Leg/Knee Raises



Incline Sit-Ups



Leg Raises



Split Squats



Dips



Ring Rows



Battle Ropes\*



S-Shape Pull-Ups



Lat Pull-Ups

PRO SERIES

FITNESS

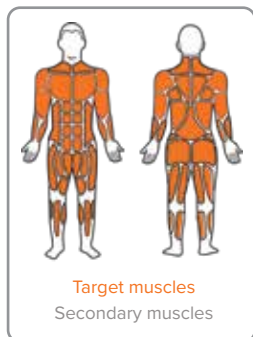


## FITNESS RIG



Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

### SHP2009-5-21 HEXAGON EXTREME FUNCTIONAL FITNESS RIG

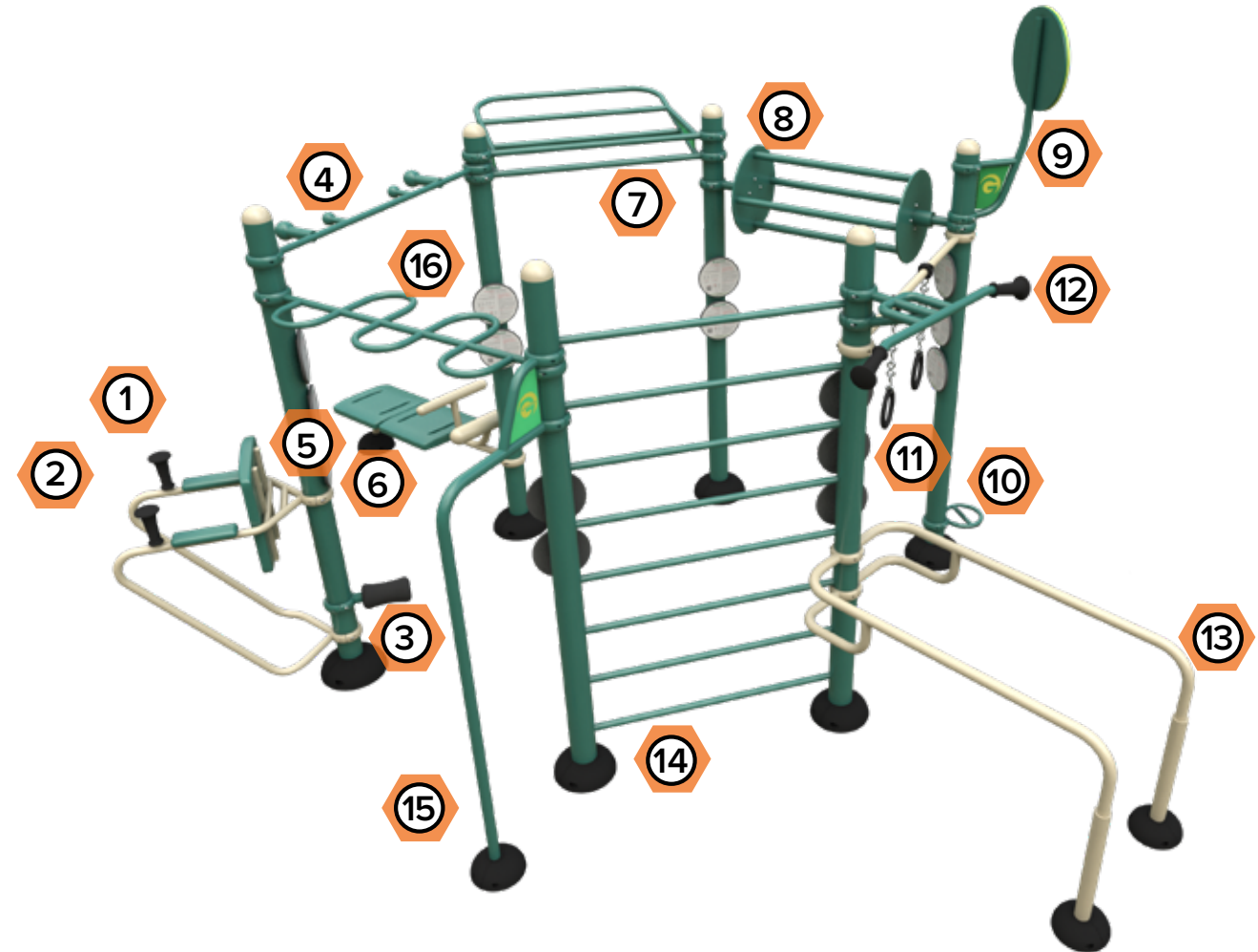


This unit offers the following exercises:

- |                          |                      |                      |
|--------------------------|----------------------|----------------------|
| 1. Leg Raises            | 7. Incline Ladder    | 12. Lat Pull-Ups     |
| 2. Knee Raises           | 8. Rotating Pull-Ups | 13. Parallel Bars    |
| 3. Bulgarian Split Squat | 9. Ball Target*      | 14. Swedish Ladder   |
| 4. Cannonball Pull-Ups   | 10. Battle Ropes     | 15. Flag Pole        |
| 5. Sit-Ups               | 11. Ring Rows        | 16. S-Shape Pull-Ups |
| 6. Lying Leg Raises      |                      |                      |

\*This is an accessory which is not intended to be left unattended on the equipment. Greenfields recommends that it be made available at a nearby facility for check-out by users.

## FITNESS RIG



Parallel Bars



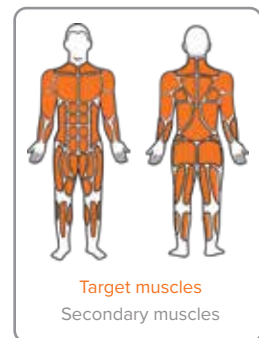
Rotating Pull-Ups



Flag Pole



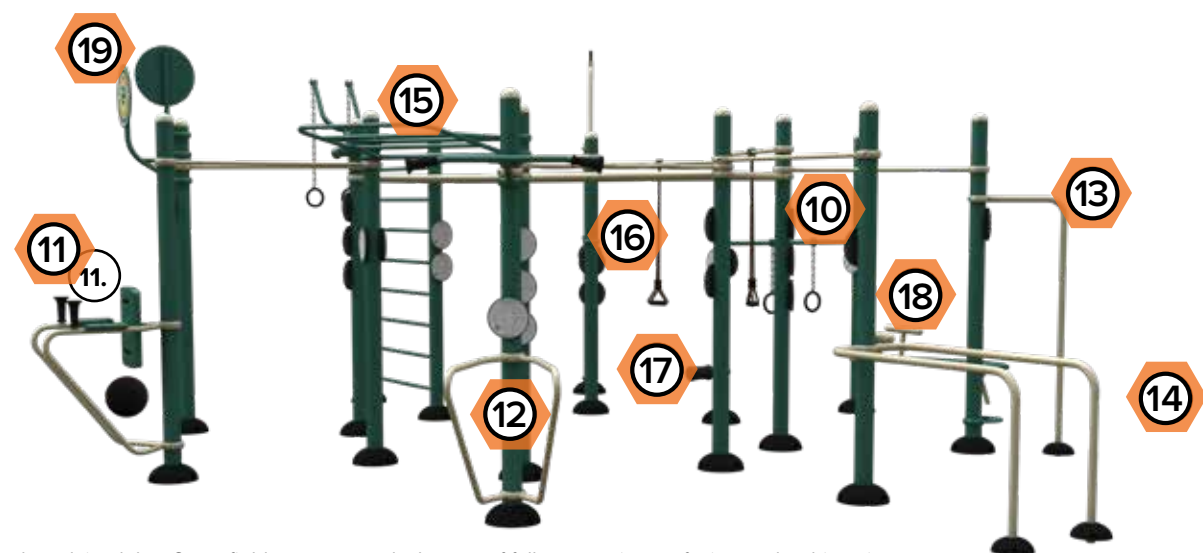
## FITNESS RIG



### SHP2009-5-18 25-PERSON MEGA FUNCTIONAL FITNESS RIG

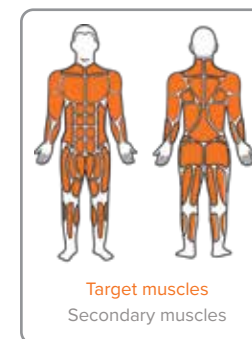
This unit offers the following exercises:

- |                         |                       |                     |                              |
|-------------------------|-----------------------|---------------------|------------------------------|
| 1. Rope Climb           | 6. Lat Pull-Up Bar    | 11. Captain's Chair | 16. Suspension Trainers (x3) |
| 2. Swedish Ladder       | 7. Cannonball Pull-Up | 12. Dip Bar         | 17. Bulgarian Split Squat    |
| 3. High Rings           | 8. Parallel Bars      | 13. Flag Pole       | 18. Sit-Up Bench             |
| 4. S-Shaped Ladder      | 9. Pull-Up Bars (x5)  | 14. Battle Ropes    | 19. Ball Targets (x2)        |
| 5. S-Shaped Pull-Up Bar | 10. Ring Rows (x2)    | 15. Incline Ladder  |                              |



Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

## FITNESS RIG



### SHP2009-5-12 10-PERSON STATIC COMBO

This unit offers the following exercises:

- |                      |                       |
|----------------------|-----------------------|
| 1. Dips              | 6. Parallel Pull-Ups  |
| 2. Stretching        | 7. Incline Leg Raises |
| 3. Assisted Squats   | 8. Incline Sit-Ups    |
| 4. Assisted Pull-Ups | 9. Assisted Push-Ups  |
| 5. Chin/Pull-Ups     | 10. Leg/Knee Raises   |

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



### SHP2009-5-11 8-PERSON STATIC COMBO

This unit offers the following exercises:

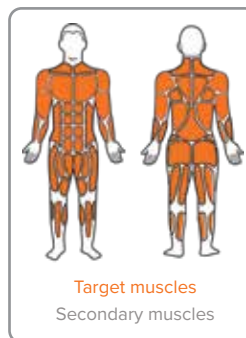
- |                      |                     |
|----------------------|---------------------|
| • Assisted Pull-Ups  | • Leg/Knee Raises   |
| • Assisted Push-Ups  | • Parallel Pull-Ups |
| • Incline Leg Raises | • Chin/Pull-Ups     |
| • Incline Sit-Ups    |                     |



## FITNESS RIG



### SHP2009-5-14 13-PERSON CROSS FITNESS RIG



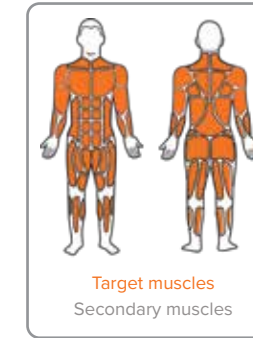
This unit offers the following exercises:

1. Sit-Ups (2 stations)
  2. Pull-Ups (2 stations)
  3. Assisted Pull-Ups
  4. Dips (2 stations)
  5. Knee Raises
  6. Push-Ups
  7. Leg Raises
  8. Parallel Pull-Ups
  9. Assisted Squats
  10. Stretching
  11. Ball Target (2 stations)\*
  12. Horizontal Ladder
  13. Lat Pull-Up
- \*Medicine ball not included

## FITNESS RIG

### SHP2009-5-15 FUNCTIONAL FITNESS RIG

SEE IT IN  
ACTION!



This unit offers the following:

1. Split Squats
2. Incline Ladder
3. Sit-Ups
4. S-Shaped Fitness Ladder
5. Lat Pull-Ups
6. High Rings
7. Battle Rope Anchor Point
8. Ball Target
9. Stretching Post
10. S-Shaped Pull-Ups
11. Leg Raises
12. Dips
13. Swedish Ladder
14. Cannonball Pull-Ups
15. Ring Rows
16. Suspension Trainers
17. Rope Climb

Unit dimensions: 18' x 17'  
Dimensions including clearance space: 29' x 27'



Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

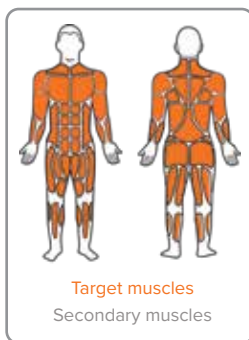




6 built-in suspension trainer sets + a free bar for BYO

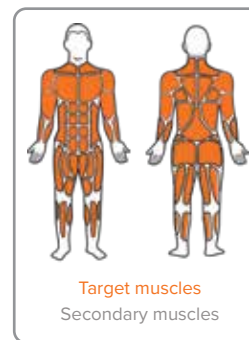
SHP2009-5-16  
**X-RIG**

SEE IT IN  
ACTION!



Unit dimensions: 8'4" x 6'7"  
Dimensions including clearance space:  
24' x 17'6"

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



SGR2005-1-77  
**8-PERSON LINEAR COMBO**

This unit offers the following exercises:

1. Dips
2. Assisted Squats
3. Chin-Ups/Pull-Ups
4. Leg/Knee Raises
5. Parallel Pull-Ups
6. Chin-Ups/Pull-Ups
7. Modified Pull-Ups
8. Modified Push-Ups
9. Incline Sit-Ups
10. Incline Leg Raises

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.





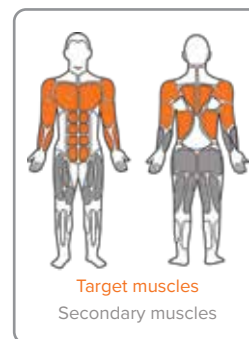
## FULL BODY COMBO



### SGR2005-1-76 6-PERSON STATIC COMBO

This unit offers the following exercises:

- |                      |                       |
|----------------------|-----------------------|
| 1. Dips              | 6. Leg/Knee Raises    |
| 2. Assisted Squats   | 7. Assisted Pull-Ups  |
| 3. Stretching        | 8. Incline Leg Raises |
| 4. Chin/Pull-Ups     | 9. Incline Sit-Ups    |
| 5. Parallel Pull-Ups |                       |



## FULL BODY COMBO

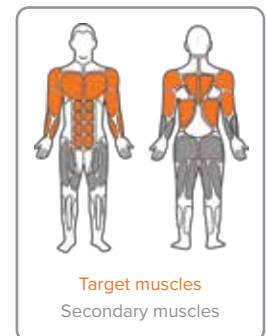


Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

### SHP2009-5-13 19-PERSON STATIC COMBO

This unit offers the following exercises:

- |                      |                       |
|----------------------|-----------------------|
| 1. Dips              | 6. Horizontal Ladder  |
| 2. Assisted Squats   | 7. Leg Raises         |
| 3. Stretching        | 8. Chin/Pull-Ups      |
| 4. Assisted Pull-Ups | 9. Incline Leg Raises |
| 5. Parallel Pull-Ups | 10. Incline Sit-Ups   |

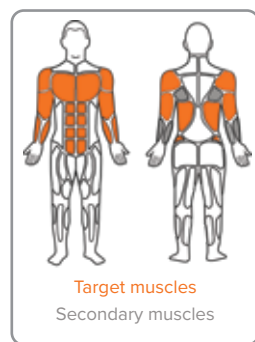




## FULL BODY



Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



### SGR2005-1-71 3-PERSON STATIC COMBO

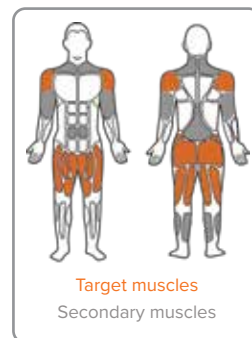
- Strengthens back, shoulders, arm muscles, and core
- Can be used by three people simultaneously
- Great social activity



#### Available exercises:

- Dips
- Chin-Ups
- Sit-Ups
- Squats
- Leg Raises
- Stretches

## FULL BODY



SHP2009-7-42

### 3-PERSON KETTLEBELL STATION

- Tones arms
- Strengthens lower body (quads, hamstrings, and glutes)
- Develops posture control
- Improves cardiovascular endurance
- Increases grip strength



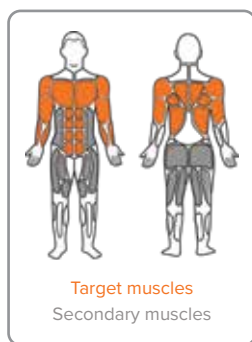


## FULL BODY

SHP2009-5-10

### 4-PERSON COMBO BARS

- Strengthens back muscles, chest, shoulders, biceps, triceps, forearms, upper- and mid-abs
- Can be used by four people simultaneously

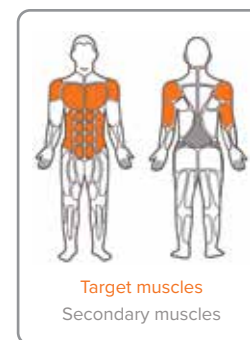


Available exercises:

- Squats
- Leg Raises
- Stretches
- Chin-Ups/Pull-Ups



## FULL BODY



SHP2009-7-22

### EXERCISE BENCH

- Strengthens shoulders, triceps, abs, and obliques



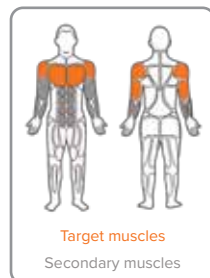
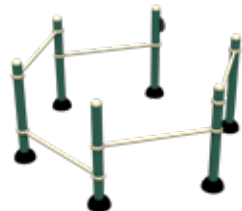


## UPPER BODY



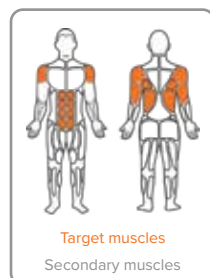
### SGR2004-1-33 MULTI-LEVEL BARS

- Strengthens chest, shoulders, upper and mid abs, forearms, biceps, and triceps
- Can be used by five people simultaneously
- Great social activity



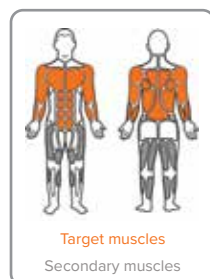
### SGR2005-1-43N PARALLEL BARS

- Strengthens shoulders, triceps, and abdominals



### SGR2005-1-80 A-FRAME LADDER

- Develops upper body strength
- Improves core and builds calves
- Stretching

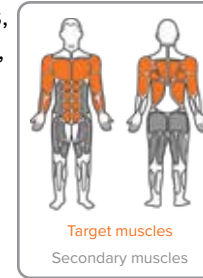


## UPPER BODY/CORE



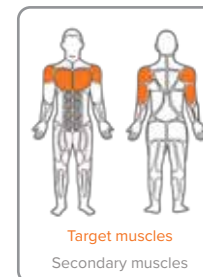
### SHP2009-5-07 2-PERSON STATIC COMBO

- Strengthens chest, shoulders, upper and mid abs, forearms, triceps, glutes, quads, and hamstrings
- Can be used by two people simultaneously
- Great social activity



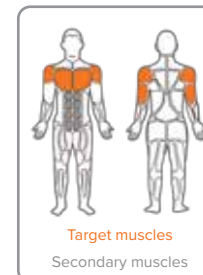
### SGR2005-1-15 2-PERSON PUSH-UP & DIPS STATION

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously
- Great social activity



### SGR2005-1-14 2-PERSON DIPS STATION

- Strengthens chest, shoulders, abs, forearms, and triceps
- Can be used by two people simultaneously
- Great social activity



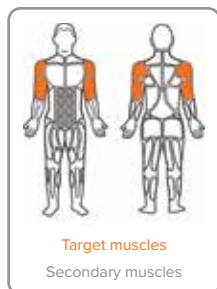


## UPPER BODY



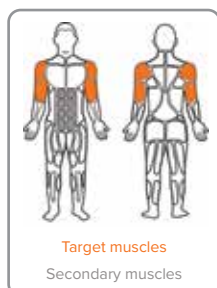
### SHP2009-5-09-S S-SHAPED FITNESS LADDER

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps



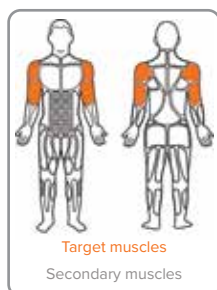
### SHP2009-5-09-WV WAVE FITNESS LADDER

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps



### SHP2009-5-09 HORIZONTAL LADDER

- Strengthens shoulders, upper and mid abs, biceps, and triceps

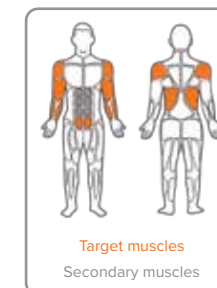


## UPPER BODY/CORE



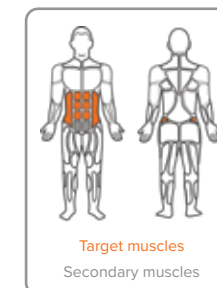
### SGR2005-1-45 2-LEVEL HORIZONTAL BARS

- Strengthens back muscles, shoulders, arm muscles, and forearms
- Can be used by two people simultaneously
- Great social activity



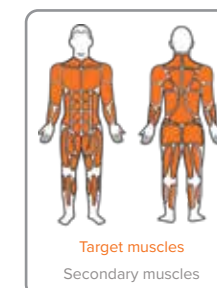
### SGR2005-1-19 2-PERSON INCLINE SIT-UP BENCH

- Can also be used for leg raises
- Strengthens upper, mid, and lower abdominals
- Strengthens obliques
- Can be used by two people simultaneously
- Great social activity



### UBX-303 KICKBOXING STATION

- Total body workout - exercises major upper body, lower body, and core muscles
- Improves cardiovascular endurance



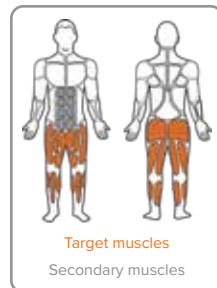




## CORE/LOWER BODY

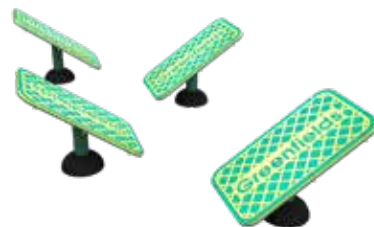
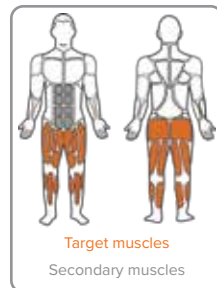
### SHP2009-7-24 PLYOMETRIC STEPS (Set of 3)

- Develops posture control
- Improves cardiovascular endurance
- Use for a variety of upper and lower body exercises



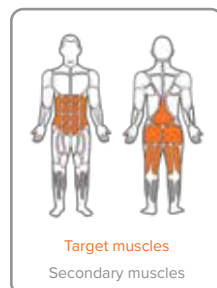
### SHP2009-7-24-L SLANTED JUMP BOARDS (Set of 4)

- Improves coordination and balance
- Improves lateral movement
- Allows your body to adapt to quick change of direction needed for agility



### SHP2009-7-25 BACK EXTENSION

- Strengthens hamstrings, glutes, lower back, and core

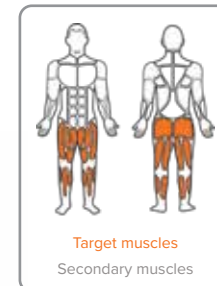


## LOWER BODY/CORE



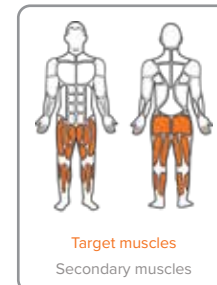
### SHP2009-5-08 S-SHAPED JUMP BAR

- Develops balance and agility
- Strengthens quads, calves, and glutes



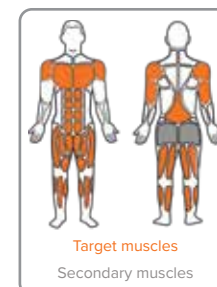
### SHP2009-7-20 3-BEAM JUMP BARS

- Develops balance and agility
- Strengthens quads, calves, and glutes



### UBX-360 BALANCING PLATE

- Develops quads, calves, and glutes
- Contributes to balance and posture control
- Improves cardiovascular endurance

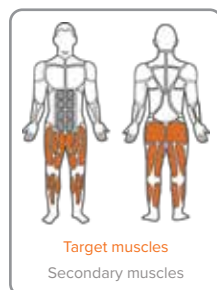




## LOWER BODY

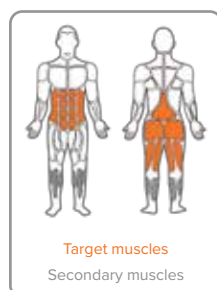
### SHP2009-7-31 BALANCE BEAM

- Improves balance
- Develops posture control
- Improves cardiovascular endurance



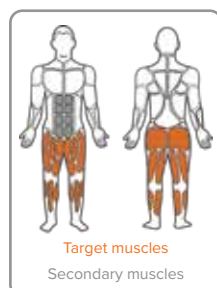
### SHP2009-7-35 OVER & UNDER BARS

- Set of 4
- Strengthens legs and core
- Excellent for promoting agility
- Enhances balance



### SHP2009-7-37 ROUND PLYOMETRIC STEPS (Set of 3)

- Develops posture control
- Improves cardiovascular endurance
- Use for a variety of upper and lower body exercises

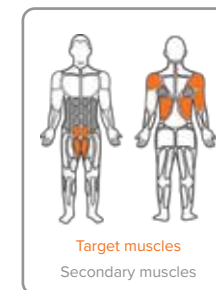


## MILITARY



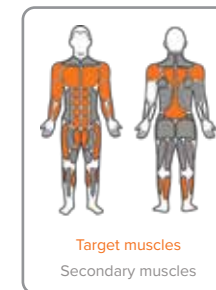
### MT2011-1-24 2-PERSON 20' ROPE CLIMB

- Rope climb using various techniques



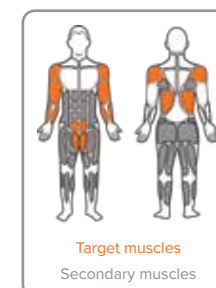
### MT2011-1-38 10' CARGO NET CLIMB

- Climb using various techniques
- Can be an independent station OR attached to the Rope Climbing Station



### MT2011-1-42 8' ROPE WALL CLIMB

- Improves wall climb techniques - with/without the use of the rope







**NJ-514**  
**BURMESE**  
**FLOATING BRIDGE**



**NJ-513**  
**ROTATING CONE**  
**WHEELS**



**NJ-515**  
**SPIDER WALK**



**NJ-518**  
**SWINGS**



**NJ-521**  
**TOGGLE PULL-UP**  
**TRIANGLES**



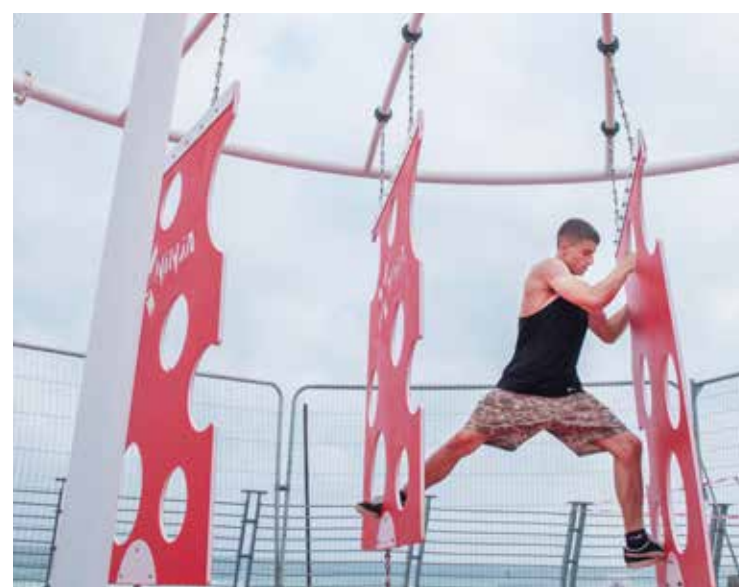
**NJ-519**  
**HOVERING BEAM**







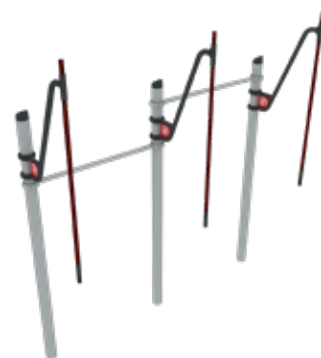
**NJ-501**  
**SLANTED JUMP**  
**BOARDS**



**NJ-508**  
**CHEESE WALLS**



**NJ-506**  
**SWINGING ROPES**



**NJ-509**  
**PEG BOARD**



**NJ-512**  
**SPIDER WEB**  
**CLIMBER**



**NJ-5234**  
**RINGS, GRIP BALLS,**  
**& CONES**







*Jen French*

Jen French  
U.S. Paralympic Medalist

# COMMIT TO INCLUSION

[signatureaccessible.com](http://signatureaccessible.com)

888.315.9037

As thousands of communities across North America have discovered, outdoor fitness equipment is a unique, fun, and cost-effective solution for a population that increasingly struggles with obesity and related health issues. But too many of these fresh-air gyms neglect a key population: individuals with mobility impairments, who due to their disabilities are more prone to sedentary lifestyles. To address this need, Greenfields has created a special line specifically for users in wheelchairs. Unique in their functionality and appeal, the Signature Accessible™ line (U.S. Patents 9,079,069 and 11,130,039) units allow users to exercise without having to transfer out of their wheelchairs. By incorporating these units into the outdoor gym, the benefits of fitness can be extended to a greater percentage of the population. In addition, the social aspect of Greenfields' fitness zones promotes integration and inclusion of individuals with mobility impairments into the greater community.

**Greenfields is proud to have U.S. Paralympic medalist Jennifer French as spokesperson for the Signature Accessible™ line**

French recalls the difficulties encountered when she first began using a wheelchair and wanted to exercise; the closest fitness facility that would accommodate her needs was located at a hospital an hour away. "Fitness is just as important for people with disabilities, if not more important," says French. "In the U.S., there is a higher incidence of obesity among people with disabilities than the general population. But access to equipment and facilities is much more limited."

"Having exercise equipment available to use alongside the rest of the community truly integrates people with disabilities into the world of fitness and makes it much more fun!"





# INCLUSIVE by design

Because of the unique challenges faced by those with mobility impairments, staying fit and healthy can be exceptionally difficult. Fitness facilities with equipment specifically designed for this at-risk demographic are few and far between, and may involve membership fees that present a financial hurdle.

But there *is* a solution. The patented (U.S. Patents 9,079,069 and 11,130,039) Signature Accessible™ line of exercise equipment by Greenfields Outdoor Fitness is the perfect way to create exercise opportunities for those with mobility impairments.

By installing exercise equipment at parks, community centers and other public facilities, Greenfields Outdoor Fitness is helping to give every member of the community a way to exercise in an unthreatening, invigorating outdoor environment. Outdoor fitness zones with Signature Accessible™ equipment are both fully accessible and completely free to use. Even better, the fitness zones allow those with disabilities to exercise alongside able-bodied family members and friends.

Greenfields' Signature Accessible™ product line includes machines designed to both strengthen the upper body muscles used to propel manual wheelchairs, and also exercise the reverse muscles to help prevent injuries.

Visit SignatureAccessible.com or call 888-315-9037 to get started creating an accessible outdoor gym for your whole community to enjoy!

even **more** available  
for those who can **transfer**



**1** SIGNATURE ACCESSIBLE  
Designed for those using wheelchairs; no transferring needed



**2** LEGACY SERIES  
Body-weight leverage units usable by those who can transfer



**3** PROFESSIONAL SERIES  
Adjustable resistance units usable by those who can transfer

For more info on Greenfields' Legacy Series and Professional Series, visit GreenfieldsFitness.com



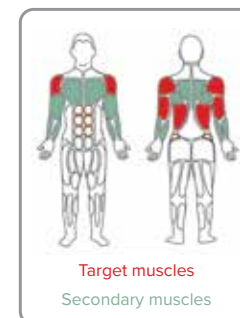
## ACCESSIBLE SHOULDER PRESS (Adjustable Resistance)

UBX-248-W

U.S. PATENT 11,130,039

**bi-directional resistance**

- Develops chest, back, shoulders, triceps, forearms, and abs
- 16 resistance levels



ACCESSIBLE



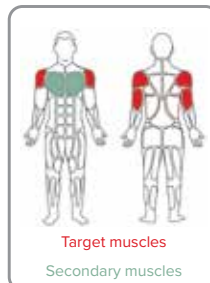


## UBX-247-W ACCESSIBLE VERTICAL PRESS (Adjustable Resistance)

U.S. PATENT 11,130,039

### bi-directional resistance

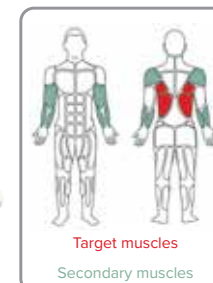
- Develops chest, front shoulders, and triceps
- 16 resistance levels



## SGR2005-1-48-W 2-PERSON ACCESSIBLE LAT PULL

U.S. PATENT 9,079,069

- Strengthens back muscles, shoulders, and arm muscles
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer

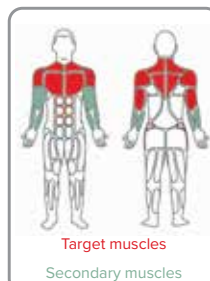


## UBX-244-W ACCESSIBLE TRICEP PRESS (Adjustable Resistance)

U.S. PATENT 11,130,039

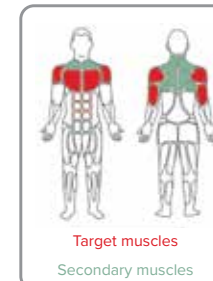
### bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders
- 16 resistance levels



## UBX-286 2-PERSON ACCESSIBLE SHOULDER WHEEL

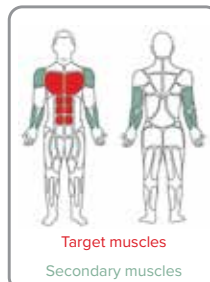
- Increases flexibility in the shoulder muscles and joints



## SGR2005-1-48A-W 2-PERSON ACCESSIBLE CHEST PRESS

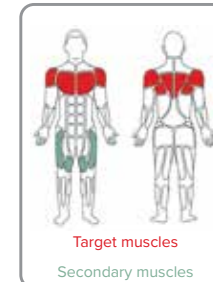
U.S. PATENT 9,079,069

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer

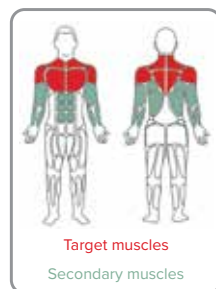


## SGR2005-1-04-W 2-PERSON ACCESSIBLE TAI-CHI SPINNERS

- Strengthens shoulders
- Can help improve wrist agility
- Can be used by two people simultaneously







SGR2005-1-48E-W

## 2-PERSON ACCESSIBLE COMBO BUTTERFLY & REVERSE FLY

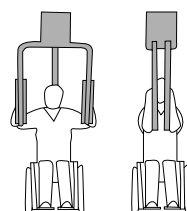
- Develops chest, arms, back, front shoulders, and upper and mid-abs

### Configuration A

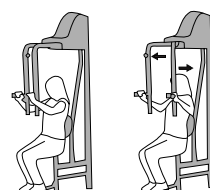


U.S. PATENT 9,079,069

Accessible Side:  
Butterfly



Standard Side:  
Reverse Butterfly

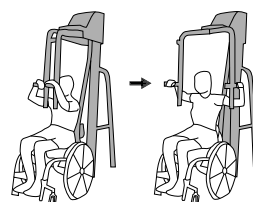


### Configuration B

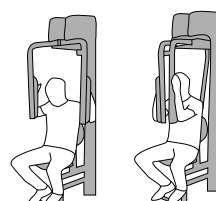


U.S. PATENT 9,079,069

Accessible Side:  
Reverse Butterfly



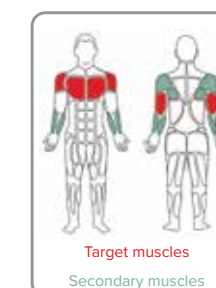
Standard Side:  
Butterfly



SGR2005-1-47-W

## 2-PERSON ACCESSIBLE VERTICAL PRESS

- Strengthens chest, shoulders, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



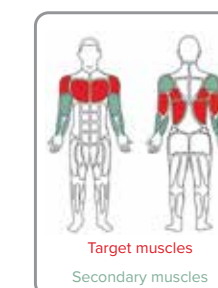
U.S. PATENT 9,079,069

SGR2005-1-48C-W

## 2-PERSON ACCESSIBLE COMBO LAT PULL & VERTICAL PRESS

U.S. PATENT 9,079,069

- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other



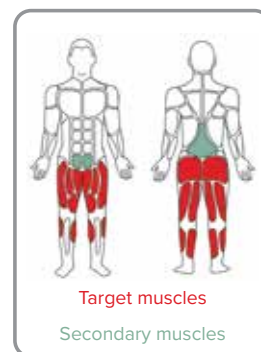


## LOWER BODY



### SGR2005-1-26 2-PERSON CROSS COUNTRY SKI

- Strengthens leg muscles, improves cardiovascular endurance
- Can be used by two people simultaneously or one person alone
- Great social activity

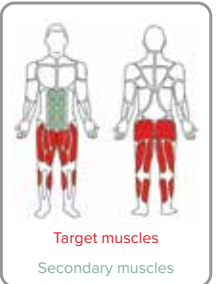


## LOWER BODY



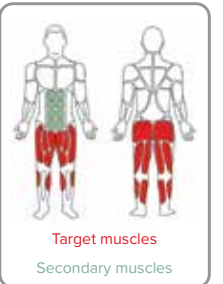
### SGR2005-1-104N 4-PERSON LEG PRESS

- Strengthens abdominals and leg muscles, particularly quads and calves
- Great social activity
- Can be used by four people simultaneously & independently of each other
- Also available as a 2-person model (SGR2005-1-105N) - please see below



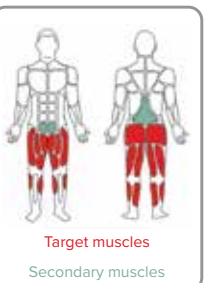
### SHP2009-5-05N 2-PERSON LEG PRESS

- Strengthens calves, hamstrings, glutes, and quadriceps
- Can be used by two people simultaneously & independently of each other
- Also available in a 4-person model (SGR2005-1-104N) - please see above



### SHP2009-5-03 SINGLE ELLIPTICAL

- Strengthens leg muscles
- Improves cardiovascular endurance



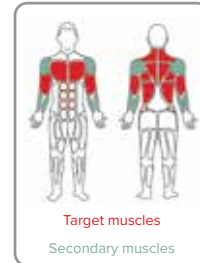


## UPPER BODY

SGR2005-1-42

### 2-PERSON BACK & ARMS COMBO

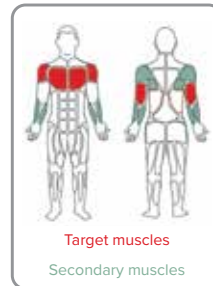
- Strengthens back, biceps, triceps, trapezius, and shoulders
- Great social activity
- Can be used by two people simultaneously & independently of each other



SGR2005-1-47

### 2-PERSON VERTICAL PRESS

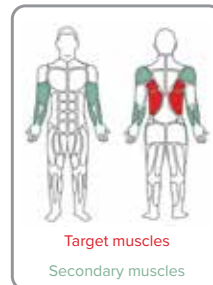
- Strengthens chest, shoulders, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other



SGR2005-1-48

### 2-PERSON LAT PULL

- Strengthens back muscles, shoulders, and arm muscles
- Great social activity
- Can be used by two people simultaneously & independently of each other



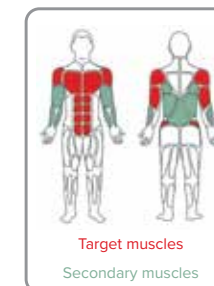
## FULL BODY



SGR2005-1-22

### 4-PERSON PENDULUM, ABS, & DIPS STATION

- Strengthens chest, shoulders, biceps, forearms, lower back, and abdominals
- Loosens hips and side
- Can be used by four people simultaneously & independently of each other
- Great social activity





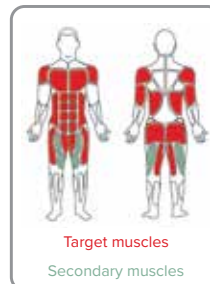
## LOWER BODY & CORE



### SGR2005-1-21

#### 4-PERSON LOWER BODY COMBO

- Strengthens legs, glutes, obliques, triceps, shoulders, chest, and core
- Stretches lower back and inner thigh
- Can be used by four people simultaneously & independently of each other
- Great social activity



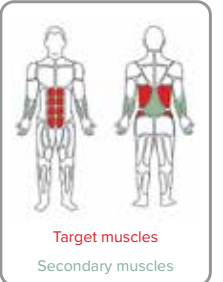
## CORE & STRETCHING



### SGR2005-1-46

#### 4-PERSON TWISTING STATION

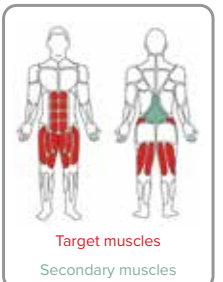
- Stretches torso
- Can be used by four people simultaneously & independently of each other
- Great social activity



### SGR2005-1-28

#### SEATED CORE STRENGTHENING

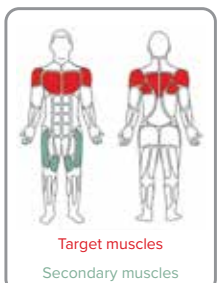
- Strengthens abdominals and thigh muscles



### SGR2005-1-04

#### TAI-CHI SPINNERS

- Strengthens shoulders
- Can help improve wrist agility
- Can be used by two people simultaneously



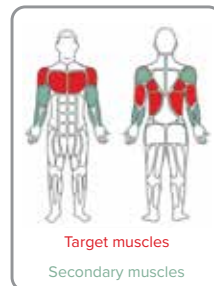


## UPPER BODY/CORE

### SGR2005-1-48C

#### 2-PERSON COMBO LAT PULL & VERTICAL PRESS

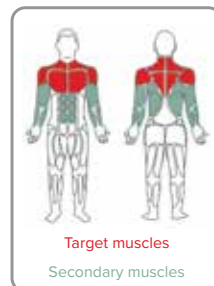
- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other



### SGR2005-1-48E

#### 2-PERSON COMBO BUTTERFLY & REVERSE FLY

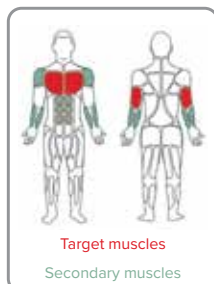
- Develops chest, arms, front shoulders, back, and upper and mid-abs
- Can be used by two people simultaneously & independently of each other



### SGR2005-1-48A

#### 2-PERSON CHEST PRESS

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other

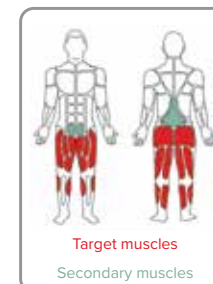


## RESISTANCE FREE

### SGR2005-1-09

#### SINGLE CROSS COUNTRY SKI

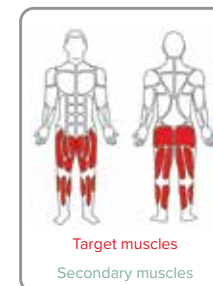
- Strengthens leg muscles
- Improves cardiovascular endurance
- Also available in a 2-Person model (SGR2005-1-26) - please see page 135



### SGR2005-1-23

#### 2-PERSON AIR WALKER

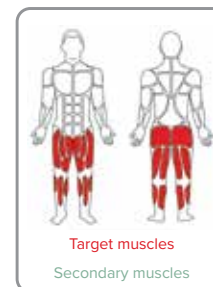
- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 1-person model (SHP2009-5-06) - please see below



### SHP2009-5-06

#### SINGLE AIR WALKER

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 2-person model (SGR2005-1-23) - please see above

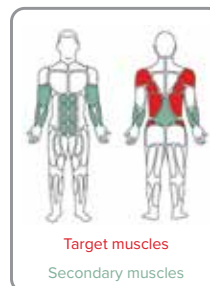






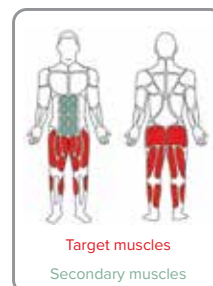
### SGR2005-1-91 ROWING MACHINE

- Strengthens back muscles, shoulders, arm muscles, and abdominals
- Improves cardiovascular endurance



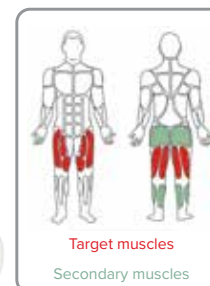
### SGR2005-1-98 LEG EXTENSION

- Strengthens abdominals and leg muscles, particularly quads



### SHP2009-7-30 BALANCE STEPS

- Improves balance
- Develops posture control
- Improves cardiovascular endurance

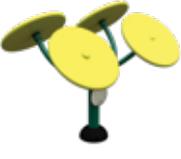


|                                                                                                                                                 |                                                                                                                                        |                                                                                                                                                         |                                                                                                                                          |                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>UBX-208<br/>BUTTERFLY</b><br><br>Users: 1                 | <b>UBX-211<br/>AB TONER</b><br><br>Users: 1         | <b>UBX-215<br/>LEG PRESS</b><br><br>Users: 1                         | <b>UBX-217<br/>SQUAT</b><br><br>Users: 1              | <b>UBX-218<br/>INNER THIGH ADDUCTOR</b><br><br>Users: 1              |
| <b>UBX-221<br/>BACK EXTENSION</b><br><br>Users: 1            | <b>UBX-222<br/>SINGLE TAI-CHI</b><br><br>Users: 1   | <b>UBX-223<br/>SIT-UP BENCH</b><br><br>Users: 1                      | <b>UBX-244<br/>TRICEP PRESS</b><br><br>Users: 1       | <b>UBX-244-W<br/>ACCESSIBLE<br/>TRICEP PRESS</b><br><br>Users: 1     |
| <b>UBX-246<br/>CHEST PRESS</b><br><br>Users: 1             | <b>UBX-247<br/>VERTICAL PRESS</b><br><br>Users: 1 | <b>UBX-247-W<br/>ACCESSIBLE<br/>VERTICAL PRESS</b><br><br>Users: 1 | <b>UBX-248<br/>SHOULDER PRESS</b><br><br>Users: 1   | <b>UBX-248-W<br/>ACCESSIBLE<br/>SHOULDER PRESS</b><br><br>Users: 1 |
| <b>UBX-255<br/>ARM CURL</b><br><br>Users: 1                | <b>UBX-258<br/>HIP TWIST</b><br><br>Users: 1      | <b>UBX-286<br/>2-PERSON<br/>SHOULDER WHEEL</b><br><br>Users: 1     | <b>UBX-287<br/>SINGLE HAND BIKE</b><br><br>Users: 1 | <b>UBX-288<br/>SINGLE RECURRENT<br/>BIKE</b><br><br>Users: 1       |
| <b>UBX-289<br/>SINGLE UPRIGHT<br/>BIKE</b><br><br>Users: 1 | <b>UBX-290<br/>ROWER</b><br><br>Users: 1          | <b>UBX-292<br/>STEPPER</b><br><br>Users: 1                         | <b>UBX-293<br/>BENCH PRESS</b><br><br>Users: 1      | <b>UBX-298<br/>LEG EXTENSION<br/>&amp; CURL</b><br><br>Users: 1    |





SGR2005-1-04  
TAI-CHI SPINNERS



Users: 2

SHP2009-5-05N  
2-PERSON LEG PRESS



Users: 2

SHP2009-5-06  
SINGLE AIR WALKER



Users: 1

SGR2005-1-21  
4-PERSON LOWER  
BODY COMBO



Users: 4

SGR2005-1-22  
4-PERSON PENDULUM,  
ABS, & DIPS STATION



Users: 4

SGR2005-1-23  
2-PERSON  
AIR WALKER



Users: 2

SGR2005-1-26  
2-PERSON CROSS  
COUNTRY SKI



Users: 2

SGR2005-1-28  
SEATED CORE  
STRENGTHENING



Users: 1

SGR2005-1-42  
2-PERSON BACK &  
ARMS COMBO



Users: 2

SGR2005-1-46  
4-PERSON  
TWISTING STATION



Users: 4

SGR2005-1-47  
2-PERSON  
VERTICAL PRESS



Users: 2

SGR2005-1-48  
2-PERSON  
LAT PULL



Users: 2

SGR2005-1-48A  
2-PERSON  
CHEST PRESS



Users: 2

SGR2005-1-48C  
COMBO LAT PULL &  
VERTICAL PRESS



Users: 2

SGR2005-1-48E  
COMBO BUTTERFLY  
& REVERSE FLY



Users: 2

SGR2009-1-09  
SINGLE CROSS  
COUNTRY SKI



Users: 1

SHP2009-5-03  
SINGLE ELLIPTICAL



Users: 1

SGR2005-1-91  
ROWING MACHINE



Users: 1

SGR2005-1-98  
LEG EXTENSION



Users: 1

SGR2005-1-104N  
4-PERSON LEG PRESS



Users: 4

NJ-508  
CHEESE WALLS



NJ-509  
PEG BOARD



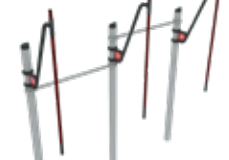
NJ-519  
HOVERING BEAM



NJ-501  
SLANTED  
JUMP BOARDS



NJ-506  
SWINGING ROPE



NJ-512  
SPIDER WEB CLIMBER



NJ-513  
ROTATING CONE WHEELS



NJ-514  
BURMESE  
FLOATING BRIDGE



NJ-515  
SPIDER WALK



NJ-518  
SWINGS



NJ-521  
TOGGLE  
PULL-UP TRIANGLES



NJ-5234  
RINGS, GRIP BALLS, AND CONES



GRIP BALL      CONE      RING

SGR2005-1-04-W  
ACCESSIBLE TAI-CHI  
SPINNERS



Users: 2

SGR2005-1-47-W  
ACCESSIBLE  
VERTICAL PRESS



Users: 2

SGR2005-1-48-W  
ACCESSIBLE  
LAT PULL



Users: 2

SGR2005-1-48A-W  
ACCESSIBLE CHEST  
PRESS



Users: 2

SGR2005-1-48C-W  
ACCESSIBLE LAT PULL  
& VERTICAL PRESS



Users: 2

SGR2005-1-48E-W  
ACCESSIBLE BUTTERFLY  
& REVERSE FLY



Users: 2

UBX-244-W  
ACCESSIBLE  
TRICEP PRESS



Users: 1

UBX-247-W  
ACCESSIBLE  
VERTICAL PRESS



Users: 1

UBX-248-W  
ACCESSIBLE  
SHOULDER PRESS



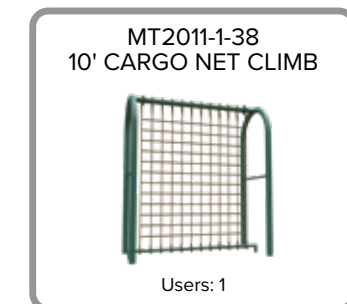
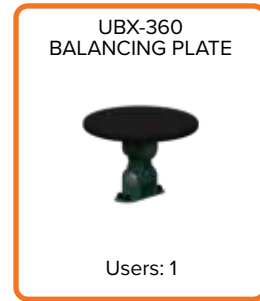
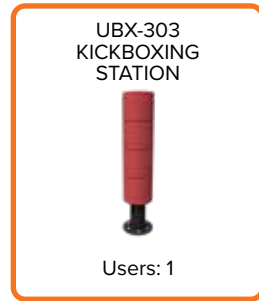
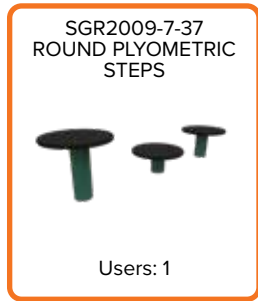
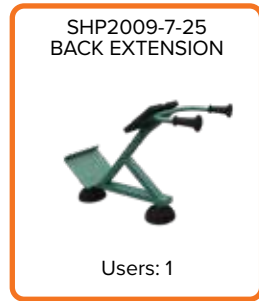
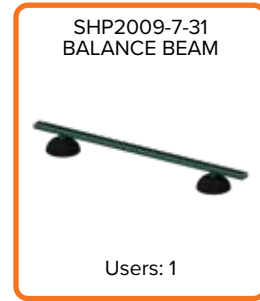
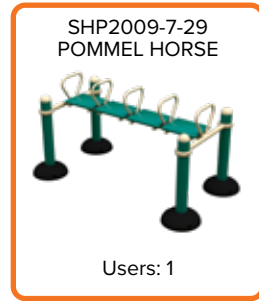
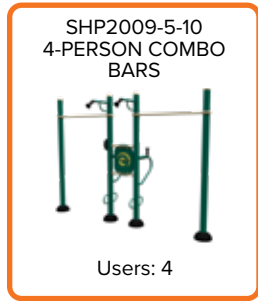
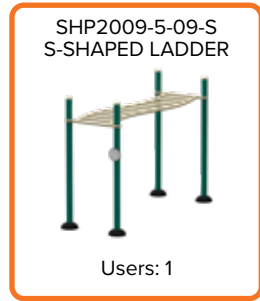
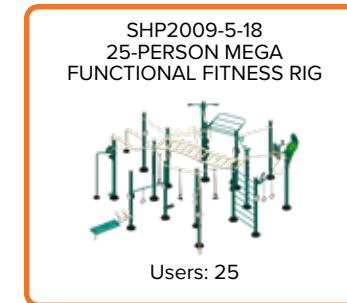
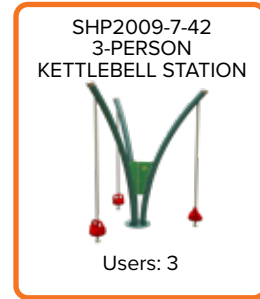
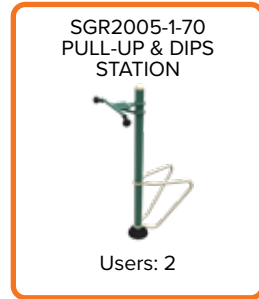
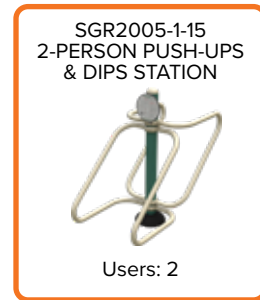
Users: 1

UBX-286  
2-PERSON ACCESSIBLE  
SHOULDER WHEEL



Users: 2









# WARRANTY

- Limited 10-year warranty on main post and metal structure
- Limited 5-year warranty on moving parts and bearings
- Limited 5-year warranty on seats and backrests
- Limited 3-year warranty on hydraulic pistons
- Limited 2-year warranty on footrests, armrests, rubber parts, and chains
- Limited 1-year warranty on battle ropes, climbing ropes, and suspension trainers

All warranties cover failure due to natural deterioration or manufacturing defects and do not include any cosmetic issues or wear and tear from normal use. This warranty does not cover cosmetic items such as scratches, dents, marring, fading, discoloring, weathering, wear and tear, or normal level of rusting. Warranty is valid only if the equipment is installed and maintained in conformity with Greenfields’ installation and maintenance procedures furnished by Greenfields Outdoor Fitness. Equipment should not be exposed to any irrigation, especially with reclaimed water, as this will void the warranty. Equipment must be installed on a surface with proper drainage and or slope to prevent water buildup around the base of the equipment. Equipment should not be installed in basins or in low-lying areas which result in equipment being submerged. Equipment should be installed in a timely fashion after delivery; however if the equipment must be stored for an extended period of time, crates should be stored in a dry, indoor environment.

### OTHER PRODUCT INFORMATION

Greenfields will continue to develop its line of products and therefore reserves the right to change the design specifications without notice. The equipment is designed for use by individuals weighing up to 300 pounds. The equipment is NOT intended to be used by individuals younger than 14 years of age unless supervised by adults.Greenfields’ units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are regarded as “one size fits most, but not all.”

### CUSTOMER SUPPORT

Upon written notification (email or fax) to Greenfields of a product’s failure to conform to any of the aforementioned warranties during the applicable warranty period, Greenfields shall correct such failure/nonconformity by repairing the defective part(s) or providing replacement part(s) within 60 calendar days of receipt of the notification. Greenfields shall ship the required replacement part(s) to the site free of charge, but will not be responsible for providing labor or the cost of labor for removing defective part(s) or installing replacement part(s). Greenfields will warranty the replacement part(s) for the remainder of the original warranty period. Furthermore, no representation, oral or written, of any individual may be substituted for this exclusive limited warranty. To the extent permitted by law, Greenfields shall not be liable for any direct, indirect, special, incidental or consequential damages, which are expressly excluded from the sale of its product. To make claims under the terms of this warranty, please contact Greenfields’ Customer Support Center at CSC@GreenfieldsFitness.com. Please include photos or video.

### INSTALLATION

Greenfields’ equipment is constructed from heavy steel pipes and is subject to heavy forces and torques when in use as intended. Extra care must be taken to ensure that the equipment is securely installed so that it can be safely enjoyed for years to come. There are two methods of installation for the equipment:

- Surface mount installation with posts bolted to a reinforced concrete slab a minimum of 6”-8” thick (please refer to Installation Instructions & Video for detailed guidelines)
- Permanent in-ground installation in which the equipment post extensions are placed in concrete footings and use provided rebar pegs (please refer to Installation Instructions & Video for detailed guidelines)

Installers and project managers are encouraged to contact Greenfields’ Customer Support Center with any questions before and/or after installation. Detailed installations instructions are available for all products and are included in the Operations & Maintenance (O&M) Owner’s Manuals which are shipped with every order. Often the installation of Greenfields products is assigned to the lowest bidding contractor. The contractor may not have been in contact with Greenfields prior to the project or seen the detailed Installation Instructions. It is the responsibility of the project manager to ensure installing contractor is provided with the most updated set of Greenfields’ Installation Instructions & Installation Video to ensure the validity of the warranty. Should the project installer need a copy of the Installation Instructions, please contact Greenfields’ Customer Support Center at 888-315-9037 x105 or by email at CSC@GreenfieldsFitness.com.



### SAFETY STANDARDS

This adult outdoor fitness equipment is not intended for use by unsupervised individuals younger than 14 years of age. ASTM recently adopted ASTM F3101–15 Standard Specification for Unsupervised Public Use Outdoor Fitness

Equipment. While playgrounds are subject to laws in various states requiring compliance with ASTM and/or Consumer Product Safety Commission (CPSC) guidelines, at time of this publication, and to the best knowledge of the author, there are no state laws requiring compliance with standards set forth by ASTM for outdoor fitness equipment (nor with CPSC guidelines, as none currently exist.) Play equipment can be certified to be in compliance with ASTM by the International Playground Equipment Manufacturers Association (IPEMA), and many agencies have a requirement that they only purchase equipment that is IPEMA certified. However, at this time, this is not possible with outdoor fitness equipment, as IPEMA does not currently certify compliance of outdoor fitness equipment. In addition, at this time there are no programs in place to train certified inspectors for outdoor fitness equipment. Without a state law that requires compliance, specifications are voluntary only.However, Greenfields Outdoor Fitness strives to comply with all of the voluntary specifications of ASTM F3101-15. Greenfields recommends adding a customized sign to each project to limit liability.

### SURFACING MATERIALS

Over the years, Greenfields’ product has been installed using the following types of surfacing: decomposed granite (aka DG or crushed granite), concrete, bonded rubber or poured-in-place surfacing, rubber tiles, asphalt, paver stones, and synthetic grass. Mulch, woodchips, beach sand, and sod have also been used but are not recommended with respect to wheelchair access.The type of surfacing used is ultimately the choice of the owner and their project manager. When it comes to Greenfields Functional Fitness Series, it is advised to use fall attenuating surfacing.

### MAINTENANCE & EQUIPMENT UPKEEP

Greenfields Outdoor Fitness equipment is intended to be used by the unsupervised public in a variety of outdoor settings. Greenfields is extremely proud of the safe and durable design of its products, which are built to surpass their warranty under normal usage. Installations throughout the hemisphere prove this equipment’s success in both hot and cold climates, as well as dry and humid conditions. While the units are designed to require, for the most part, little to no maintenance, Greenfields recognizes that heavy and constant usage will require a minimal level of maintenance which will be scheduled based on the specific nature of each project. Installation on an ocean front, or with a direct line of sight to the ocean, will expose the units to salt and will require additional maintenance which is not required at inland sites or in dry climates. Such installations will require a regular fresh water rinse to remove the salt from the units (do not use reclaimed water - exposing the equipment to reclaimed water will void warranty). Greenfields recommends periodic inspection by a maintenance team to ensure each and every apparatus functions as intended. Please refer to the Periodic Inspection Checklist provided with the O&M Owner’s Manuals.

# HERE TO HELP

## CUSTOMER SUPPORT CENTER

Our Customer Support Center is available to answer questions regarding project layout, pre-installation, installation, and equipment up-keep. Our team has extensive experience and stands ready to provide you with expert guidance.

We provide detailed documentation for installation and maintenance teams to ensure that the gym will function at peak performance for years to come.  
**The Customer Support Center may be reached at 888-315-9037 x105 or csc@greenfieldsfitness.com.**







***Promoting Wellness & Fighting Obesity One Community at a Time.™***

**Toll Free:** 888-315-9037  
[North America]

**International:** 310-662-3226

**Fax:** 866-308-9719

**Email:** [info@greenfieldsfitness.com](mailto:info@greenfieldsfitness.com)

**Website:** [www.greenfieldsfitness.com](http://www.greenfieldsfitness.com)

**Facebook:**  Greenfields Outdoor Fitness

**Instagram:**  @greenfieldsfitness

**Twitter:**  @greenfieldsfit

**Pinterest:**  @greenfieldsfit

**GREENFIELDS OUTDOOR FITNESS, INC.**

Headquarters, Customer Support Center, Assembly Facility, and Distribution Center located in Anaheim, California